

WOBURN PHYSICAL THERAPY WOBURN MA

WOBURN PHYSICAL THERAPY WOBURN MA SERVICES OFFER COMPREHENSIVE REHABILITATION AND WELLNESS SOLUTIONS TAILORED TO MEET THE NEEDS OF INDIVIDUALS RECOVERING FROM INJURY, MANAGING CHRONIC PAIN, OR SEEKING TO IMPROVE PHYSICAL FUNCTION. THIS ARTICLE EXPLORES THE VARIOUS ASPECTS OF PHYSICAL THERAPY AVAILABLE IN WOBURN, MA, HIGHLIGHTING THE BENEFITS, TREATMENT OPTIONS, AND WHAT PATIENTS CAN EXPECT DURING THEIR THERAPY JOURNEY. EMPHASIZING PERSONALIZED CARE AND EVIDENCE-BASED TECHNIQUES, WOBURN PHYSICAL THERAPY PROVIDERS FOCUS ON RESTORING MOBILITY, ENHANCING STRENGTH, AND PROMOTING LONG-TERM HEALTH. WHETHER ADDRESSING SPORTS INJURIES, POST-SURGICAL RECOVERY, OR AGE-RELATED CONDITIONS, THESE SPECIALISTS EMPLOY ADVANCED MODALITIES TO ENSURE OPTIMAL OUTCOMES. THIS OVERVIEW ALSO COVERS PRACTICAL INFORMATION ON CHOOSING THE RIGHT CLINIC, INSURANCE CONSIDERATIONS, AND COMMON CONDITIONS TREATED. THE FOLLOWING SECTIONS WILL GUIDE READERS THROUGH ESSENTIAL TOPICS RELATED TO PHYSICAL THERAPY IN WOBURN, MA.

- OVERVIEW OF PHYSICAL THERAPY IN WOBURN, MA
- COMMON CONDITIONS TREATED
- TYPES OF PHYSICAL THERAPY SERVICES OFFERED
- BENEFITS OF CHOOSING LOCAL PHYSICAL THERAPY PROVIDERS
- WHAT TO EXPECT DURING A PHYSICAL THERAPY SESSION
- INSURANCE AND PAYMENT OPTIONS

OVERVIEW OF PHYSICAL THERAPY IN WOBURN, MA

PHYSICAL THERAPY IN WOBURN, MA ENCOMPASSES A BROAD RANGE OF REHABILITATIVE SERVICES DESIGNED TO HELP PATIENTS RECOVER FROM INJURIES, SURGERIES, OR MANAGE CHRONIC CONDITIONS. WOBURN'S PHYSICAL THERAPY CLINICS EMPLOY LICENSED THERAPISTS WHO UTILIZE INDIVIDUALIZED TREATMENT PLANS BASED ON THOROUGH PATIENT EVALUATIONS. THESE PLANS INTEGRATE MANUAL THERAPY, THERAPEUTIC EXERCISES, AND MODERN THERAPEUTIC TECHNOLOGIES TO PROMOTE HEALING AND IMPROVE FUNCTION. THE ACCESSIBILITY OF LOCAL CLINICS ENSURES TIMELY CARE, WHICH IS CRITICAL FOR EFFECTIVE REHABILITATION. ADDITIONALLY, WOBURN PHYSICAL THERAPY CENTERS PRIORITIZE PATIENT EDUCATION, EQUIPPING INDIVIDUALS WITH KNOWLEDGE ABOUT INJURY PREVENTION AND HEALTHY MOVEMENT PATTERNS.

LICENSED AND EXPERIENCED THERAPISTS

WOBURN PHYSICAL THERAPY CLINICS ARE STAFFED BY HIGHLY QUALIFIED PROFESSIONALS WITH EXPERTISE IN VARIOUS SPECIALTIES SUCH AS ORTHOPEDICS, SPORTS REHABILITATION, NEUROLOGY, AND GERIATRICS. THESE THERAPISTS STAY CURRENT WITH THE LATEST CLINICAL RESEARCH AND BEST PRACTICES TO PROVIDE EFFECTIVE INTERVENTIONS TAILORED TO EACH PATIENT'S UNIQUE NEEDS AND GOALS.

STATE-OF-THE-ART FACILITIES

MANY WOBURN PHYSICAL THERAPY LOCATIONS FEATURE ADVANCED EQUIPMENT INCLUDING THERAPEUTIC ULTRASOUND, ELECTRICAL STIMULATION, AND COMPUTERIZED EXERCISE MACHINES. THESE RESOURCES SUPPORT COMPREHENSIVE CARE PLANS THAT ENHANCE RECOVERY SPEED AND QUALITY.

COMMON CONDITIONS TREATED

WOBURN PHYSICAL THERAPY PROVIDERS ADDRESS A WIDE SPECTRUM OF MUSCULOSKELETAL AND NEUROLOGICAL CONDITIONS. TREATMENT PROGRAMS ARE CUSTOMIZED TO OPTIMIZE RECOVERY AND REDUCE PAIN FOR EACH DIAGNOSIS.

MUSCULOSKELETAL INJURIES

PHYSICAL THERAPY IN WOBURN, MA FREQUENTLY TARGETS CONDITIONS SUCH AS:

- SPRAINS AND STRAINS
- FRACTURES AND POST-CAST REHABILITATION
- BACK AND NECK PAIN
- JOINT DYSFUNCTION INCLUDING KNEE, HIP, AND SHOULDER ISSUES
- TENDONITIS AND BURSITIS

POST-SURGICAL REHABILITATION

PATIENTS RECOVERING FROM SURGERIES SUCH AS JOINT REPLACEMENTS, LIGAMENT REPAIRS, OR SPINAL PROCEDURES BENEFIT FROM STRUCTURED PHYSICAL THERAPY TO RESTORE STRENGTH, FLEXIBILITY, AND FUNCTION.

NEUROLOGICAL DISORDERS

THERAPISTS IN WOBURN ALSO TREAT PATIENTS WITH NEUROLOGICAL IMPAIRMENTS INCLUDING STROKE, PARKINSON'S DISEASE, MULTIPLE SCLEROSIS, AND PERIPHERAL NEUROPATHY. CUSTOMIZED TECHNIQUES IMPROVE MOTOR CONTROL AND REDUCE DISABILITY.

TYPES OF PHYSICAL THERAPY SERVICES OFFERED

WOBURN PHYSICAL THERAPY CLINICS PROVIDE A VARIETY OF SERVICES AIMED AT COMPREHENSIVE REHABILITATION AND WELLNESS MAINTENANCE.

ORTHOPEDIC PHYSICAL THERAPY

THIS SERVICE FOCUSES ON INJURIES AND CONDITIONS AFFECTING BONES, MUSCLES, LIGAMENTS, AND JOINTS. TREATMENTS INCLUDE MANUAL THERAPY, STRENGTHENING EXERCISES, AND MODALITIES TO RELIEVE PAIN AND IMPROVE MOBILITY.

SPORTS REHABILITATION

SPECIALIZED PROGRAMS FOR ATHLETES ADDRESS INJURY PREVENTION, RECOVERY, AND PERFORMANCE ENHANCEMENT THROUGH SPORT-SPECIFIC TRAINING AND CONDITIONING.

GERIATRIC PHYSICAL THERAPY

OLDER ADULTS RECEIVE TAILORED CARE TO MANAGE AGE-RELATED ISSUES SUCH AS ARTHRITIS, OSTEOPOROSIS, AND BALANCE DISORDERS, PROMOTING INDEPENDENCE AND QUALITY OF LIFE.

PEDIATRIC PHYSICAL THERAPY

PHYSICAL THERAPY FOR CHILDREN ADDRESSES DEVELOPMENTAL DELAYS, CONGENITAL CONDITIONS, AND INJURIES, FOSTERING PROPER GROWTH AND FUNCTIONAL ABILITY.

MANUAL THERAPY AND MODALITIES

HANDS-ON TECHNIQUES SUCH AS JOINT MOBILIZATION AND SOFT TISSUE MASSAGE ARE COMBINED WITH MODALITIES LIKE ULTRASOUND AND ELECTRICAL STIMULATION TO ACCELERATE HEALING.

BENEFITS OF CHOOSING LOCAL PHYSICAL THERAPY PROVIDERS

OPTING FOR PHYSICAL THERAPY SERVICES IN WOBURN, MA OFFERS SEVERAL ADVANTAGES RELATED TO CONVENIENCE, PERSONALIZED CARE, AND COMMUNITY INTEGRATION.

ACCESSIBILITY AND CONVENIENCE

LOCAL CLINICS PROVIDE EASY ACCESS TO APPOINTMENTS, REDUCING TRAVEL TIME AND ENABLING CONSISTENT ATTENDANCE, WHICH IS CRITICAL FOR SUCCESSFUL REHABILITATION.

PERSONALIZED PATIENT-CENTERED CARE

SMALLER COMMUNITY-BASED PRACTICES OFTEN EMPHASIZE INDIVIDUALIZED ATTENTION, FOSTERING STRONG THERAPIST-PATIENT RELATIONSHIPS THAT ENHANCE MOTIVATION AND ADHERENCE TO THERAPY PLANS.

COLLABORATIVE HEALTHCARE APPROACH

PHYSICAL THERAPISTS IN WOBURN OFTEN COLLABORATE WITH LOCAL PHYSICIANS, ORTHOPEDIC SURGEONS, AND OTHER HEALTH PROFESSIONALS TO ENSURE COORDINATED AND COMPREHENSIVE CARE.

WHAT TO EXPECT DURING A PHYSICAL THERAPY SESSION

UNDERSTANDING THE TYPICAL STRUCTURE OF A PHYSICAL THERAPY SESSION HELPS PATIENTS PREPARE AND ENGAGE EFFECTIVELY IN THEIR TREATMENT.

INITIAL EVALUATION AND ASSESSMENT

THE FIRST VISIT TYPICALLY INVOLVES A DETAILED REVIEW OF MEDICAL HISTORY, PHYSICAL EXAMINATION, AND FUNCTIONAL ASSESSMENTS TO IDENTIFY IMPAIRMENTS AND SET TREATMENT GOALS.

CUSTOMIZED TREATMENT PLAN

BASED ON THE EVALUATION, THE THERAPIST DESIGNS A PERSONALIZED PLAN INCORPORATING EXERCISES, MANUAL THERAPY, AND EDUCATION TO ADDRESS SPECIFIC NEEDS.

THERAPY SESSIONS AND PROGRESS MONITORING

SUBSEQUENT SESSIONS FOCUS ON EXECUTING THE TREATMENT PLAN, WITH THERAPISTS ADJUSTING INTERVENTIONS BASED ON PROGRESS AND PATIENT FEEDBACK.

HOME EXERCISE PROGRAMS

PATIENTS RECEIVE INSTRUCTIONS FOR EXERCISES TO PERFORM OUTSIDE THE CLINIC, ESSENTIAL FOR REINFORCING GAINS AND ACCELERATING RECOVERY.

INSURANCE AND PAYMENT OPTIONS

WOBURN PHYSICAL THERAPY CLINICS OFTEN ACCEPT A VARIETY OF INSURANCE PLANS AND OFFER FLEXIBLE PAYMENT OPTIONS TO ACCOMMODATE PATIENTS.

INSURANCE COVERAGE

MOST PROVIDERS IN WOBURN ACCEPT MAJOR HEALTH INSURANCE CARRIERS, INCLUDING MEDICARE AND MEDICAID, COVERING MANY PHYSICAL THERAPY SERVICES. IT IS ADVISABLE TO VERIFY COVERAGE DETAILS AND REFERRAL REQUIREMENTS BEFORE STARTING TREATMENT.

SELF-PAY AND PAYMENT PLANS

FOR UNINSURED PATIENTS OR THOSE SEEKING SERVICES BEYOND INSURANCE LIMITS, CLINICS MAY OFFER SELF-PAY RATES OR INSTALLMENT PLANS TO MAKE THERAPY AFFORDABLE.

WORKER'S COMPENSATION AND PERSONAL INJURY

PHYSICAL THERAPY RELATED TO WORKPLACE INJURIES OR ACCIDENTS IS TYPICALLY COVERED UNDER WORKER'S COMPENSATION OR PERSONAL INJURY CLAIMS, WITH CLINICS EXPERIENCED IN HANDLING SUCH CASES.

FREQUENTLY ASKED QUESTIONS

WHAT SERVICES DOES WOBURN PHYSICAL THERAPY IN WOBURN, MA OFFER?

WOBURN PHYSICAL THERAPY IN WOBURN, MA OFFERS A RANGE OF SERVICES INCLUDING ORTHOPEDIC REHABILITATION, SPORTS INJURY TREATMENT, POST-SURGICAL THERAPY, MANUAL THERAPY, AND PERSONALIZED EXERCISE PROGRAMS TO HELP PATIENTS RECOVER AND IMPROVE MOBILITY.

How can I book an appointment at Woburn Physical Therapy in Woburn, MA?

You can book an appointment at Woburn Physical Therapy by calling their clinic directly, visiting their official website to use an online booking system, or walking in during business hours to schedule a consultation.

Does Woburn Physical Therapy accept insurance in Woburn, MA?

Yes, Woburn Physical Therapy accepts most major insurance plans. It's recommended to contact their office directly to confirm if your specific insurance is accepted and to understand coverage details.

What are the operating hours of Woburn Physical Therapy in Woburn, MA?

Woburn Physical Therapy typically operates Monday through Friday with hours from early morning to early evening. Exact times may vary, so it's best to check their website or call the clinic for the current schedule.

What makes Woburn Physical Therapy in Woburn, MA stand out from other clinics?

Woburn Physical Therapy stands out due to its experienced and licensed therapists, personalized treatment plans, state-of-the-art equipment, and a patient-centered approach that focuses on effective and speedy recovery.

Additional Resources

1. *Healing Hands: The Woburn Physical Therapy Approach*

This book offers an in-depth look at the specialized techniques used by physical therapists in Woburn, MA. It covers various treatment methods tailored to common injuries and chronic conditions. Readers will gain insights into rehabilitation processes that emphasize patient-centered care and functional recovery. Ideal for both practitioners and patients seeking to understand the local physical therapy landscape.

2. *Woburn Wellness: A Guide to Physical Therapy and Recovery*

Focused on the community of Woburn, this guide provides practical advice on managing pain and improving mobility through physical therapy. It includes patient stories, expert tips, and exercises designed to complement professional treatment. The book highlights the importance of early intervention and consistent therapy for better outcomes.

3. *Physical Therapy Essentials: Techniques from Woburn Clinics*

This comprehensive manual details the core principles and techniques used by Woburn Physical Therapy clinics. Covering manual therapy, exercise prescription, and patient education, it serves as a valuable resource for new therapists and students. The book also explores advances in therapy technology used within the Woburn area.

4. *Rehabilitation Success Stories from Woburn, MA*

A collection of inspiring patient testimonials and case studies from Woburn Physical Therapy centers. Each story illustrates the journey from injury or surgery to full recovery, emphasizing the role of tailored therapeutic interventions. The book aims to motivate patients and demonstrate the effectiveness of local treatment programs.

5. *Sports Injury Recovery in Woburn: A Physical Therapy Perspective*

Targeting athletes and active individuals in Woburn, this book delves into common sports injuries and their rehabilitation. It outlines protocols used by local therapists to ensure safe and efficient return to activity. Readers learn about injury prevention strategies and the importance of customized therapy plans.

6. *The Modern Physical Therapist's Guide to Woburn, MA*

This title explores the evolving role of physical therapists in Woburn healthcare settings. It discusses

INTERDISCIPLINARY COLLABORATION, PATIENT ENGAGEMENT, AND THE INTEGRATION OF NEW TECHNOLOGIES. THE BOOK IS A VALUABLE RESOURCE FOR PROFESSIONALS AIMING TO ENHANCE THEIR PRACTICE WITHIN THE WOBURN COMMUNITY.

7. *CHRONIC PAIN MANAGEMENT THROUGH WOBURN PHYSICAL THERAPY*

FOCUSING ON CHRONIC PAIN CONDITIONS COMMON IN WOBURN RESIDENTS, THIS BOOK PRESENTS THERAPEUTIC APPROACHES TO PAIN RELIEF AND FUNCTION RESTORATION. IT EMPHASIZES NON-PHARMACOLOGICAL TREATMENTS INCLUDING MANUAL THERAPY, EXERCISE, AND EDUCATION. CASE EXAMPLES HIGHLIGHT SUCCESSFUL MANAGEMENT OF ARTHRITIS, FIBROMYALGIA, AND MORE.

8. *HANDS-ON HEALING: MANUAL THERAPY TECHNIQUES FROM WOBURN EXPERTS*

THIS PRACTICAL GUIDE EXPLORES MANUAL THERAPY METHODS PRACTICED BY WOBURN PHYSICAL THERAPISTS. IT INCLUDES STEP-BY-STEP INSTRUCTIONS AND ILLUSTRATIONS FOR TECHNIQUES SUCH AS SOFT TISSUE MOBILIZATION AND JOINT MANIPULATION. THE BOOK IS SUITABLE FOR CLINICIANS SEEKING TO REFINE THEIR HANDS-ON SKILLS.

9. *WOBURN PHYSICAL THERAPY FOR SENIORS: MAINTAINING MOBILITY AND INDEPENDENCE*

DESIGNED FOR OLDER ADULTS, THIS BOOK ADDRESSES AGE-RELATED MOBILITY CHALLENGES AND HOW PHYSICAL THERAPY IN WOBURN CAN HELP MAINTAIN INDEPENDENCE. IT COVERS BALANCE TRAINING, STRENGTH EXERCISES, AND FALL PREVENTION STRATEGIES TAILORED FOR SENIORS. THE BOOK ALSO OFFERS ADVICE FOR CAREGIVERS AND FAMILY MEMBERS SUPPORTING ELDERLY PATIENTS.

Woburn Physical Therapy Woburn Ma

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woburn physical therapy woburn ma: Orthopaedic Manual Physical Therapy Christopher H. Wise, 2015-04-10 Take an eclectic, evidence-based approach to orthopaedic manual therapy. From theory through practical application of soft tissue and joint mobilization techniques—this comprehensive resource delivers the depth and breadth of coverage you need to optimize patient outcomes through informed clinical decision-making as part of a comprehensive intervention regimen.

woburn physical therapy woburn ma: Professionalism in Physical Therapy Laura Lee (Dolly) Swisher, Catherine G. Page, 2005-02-15 As the role of the physical therapist widens to include more primary care and diagnostic responsibilities, there is a greater need for a single, up-to-date resource that explores professional roles and developments in this changing field. This new book is the definitive reference on this important topic. This concise book provides information on every vital area important to professionalism: documentation, law and ethics, and leadership - all in the context of the five roles of the physical therapist as defined by the APTA's Guide to Physical Therapist Practice, 2nd Edition. Readers will find information on the history of professionalism in physical therapy, the five roles of the physical therapist (Patient/Client Manager, Consultant, Critical Inquirer, Educator, and Administrator), the role of the physical therapist in today's health care system, and professional leadership and development. Case studies, "how to lists" and tips from the field" encourage critical thinking and provide strategies for various issues. The book also offers tips on preparing a portfolio, determining leadership style, and preparing a professional development plan based on the APTA's five roles. Develops and defines principles and concepts of professionalism to guide physical therapists in times of change Follows the APTA's Guide and includes quotes and information from this document throughout Offers a comprehensive history of physical therapy, with unique information on origins of the profession Offers comprehensive coverage of legal and ethical

issues, showing how these issues affect the entire practice of physical therapy Discusses billing and reimbursement practices, with specific information on how to document and bill as an aspect of practice Defines and explains the role of the consultant, both as an autonomous health care provider or as a member of a health care team Features real-life case studies and discussion questions at the end of each chapter to encourage practical application of concepts and test readers' knowledge Provides end-of-chapter tips to help readers develop best practices

woburn physical therapy woburn ma: *Physical Therapy Management of Patients with Spinal Pain* Deborah Stetts, Gray Carpenter, 2024-06-01 In this rapidly changing health care environment, a challenge today's physical therapist faces is finding, evaluating, and implementing current best evidence into practice, an integral part of health care professional educational programs. With that goal in mind, *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* provides a comprehensive research-based overview of the examination and physical therapy interventions of the spine. Inside *Physical Therapy Management of Patients With Spinal Pain*, Drs. Deborah M. Stetts and J. Gray Carpenter evaluate the current evidence related to spinal pain and present it in a format that allows for an easy transition to the clinical environment. By providing effective clinical interventions, rather than relying on habits or tradition, patients benefit from an increased likelihood of improved quality of life with the least potential of personal and financial risk. Some features include: • Over 650 photographs, images, and tables • Access to a supplemental video Website with new book purchase • Best practice for evaluating and treating the lumbar spine, thoracic spine, and cervical spine • Comprehensive coverage of the clinical presentation of spine-related pathologies from evaluation to treatment Each chapter outlines the history, physical examination, physical therapy diagnosis, evidence-based management guidelines, and case studies for each topic. Case studies will challenge the reader's clinical reasoning skills with the use of current best evidence throughout the initial examination and subsequent treatment sessions. Bonus! Also included with *Physical Therapy Management of Patients With Spinal Pain* is access to a supplemental Website containing more than 375 video demonstrations corresponding to the tests and measures, examination, evaluation, and intervention procedures covered within the text. *Physical Therapy Management of Patients With Spinal Pain: An Evidence-Based Approach* is the go-to reference text and accompanying Web site for the physical therapy students, or clinicians who are reaching for best practice through providing the highest level of evidence-informed care in the evaluation and management of patients with spinal pain.

woburn physical therapy woburn ma: *Patient Education in Rehabilitation* Olga Dreeben-Irimia, 2010-10-22 Patient education is an important aspect of the rehabilitation process. As a science, it consists of the health care professional's development of patient education skills. Delivering information, education, and training in rehabilitation is intended to promote and optimize clinical interventions including compliance, continuity of care, and patient satisfaction. This text applies patient education skills to the clinical rehabilitation process. In a reader-friendly manner, it explores various teaching and learning theories, models of instruction, as well as communication, ethical, legal and cu

woburn physical therapy woburn ma: *Documentation for Athletic Training* Jeff G. Konin, Margaret Frederick Thompson, 2024-06-01 *Documentation for Athletic Training, Third Edition* provides all the important and relevant information that a practicing athletic trainer needs to possess to provide accurate documentation. These topics include legal considerations, electronic medical records, and numerous tips for effective verbal and written communication styles. This Third Edition by Drs. Jeff G. Konin and Margaret Frederick Thompson continues to provide a plethora of standard templates to refer to as examples of the most commonly used forms in athletic training practice settings. The authors represent decades of collective experience as clinicians, educators, and administrators and offer insight on the importance of timely and appropriate methods for athletic training documentation. *Documentation for Athletic Training, Third Edition* has strengthened chapters on electronic documentation and documentation for reimbursement. These are continuously-evolving areas that require an understanding of not just a single type of software

system, but rather a foundation of knowledge related to the principles of each. Additionally, a chapter has been added on contemporary type of documentation. Communication in the forms of text messages, social media, and other common types of information sharing are discussed. Features inside the Third Edition: Learning objectives for each chapter "Pearls of Wisdom" on key points Discussion and study questions Worksheets and commonly used documentation forms Glossary of terms Symbols and medical terminology abbreviations Documentation for Athletic Training, Third Edition continues to be the only textbook dedicated to the topic of documentation and presents a wide array of methods and forms, providing students, educators, and clinicians with a multifaceted tool box for their documentation needs.

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woburn physical therapy woburn ma: Jabberwocky Steven Gardner, 2021-05-25 "This is a holy book" —Rabbi Lawrence Kushner Graham Hale Gardner died before turning twenty-three and never learned to walk or speak due to severe cerebral palsy complicated by epilepsy. Yet he left a legacy of love and compassion that deeply moved scores of people from widely different backgrounds. How was that possible? Graham's story, written through the eyes of his father, speaks of the enormous legacy left by a boy who never spoke. A story that raises provocative questions about the "invisible lines of connection" that make us human.

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woburn physical therapy woburn ma: Occupational Therapy Across Cultural Boundaries Susan Cook Merrill, 2012-10-12 This fascinating book examines the concept of culture from a unique perspective--that of individual occupational therapists who have worked in environments very different from those in which they were educated or had worked previously. In Occupational Therapy Across Cultural Boundaries, six occupational therapists relate their experiences living and working in a foreign culture. Each author describes the daily demands placed upon her through immersion into a different way of life and discusses the environmental challenges she had to overcome to be able to live and work successfully. Many of the cultural differences the authors faced forced them to reassess and reconstruct their most basic assumptions of both personal and professional life as they discovered that activities and theories common or applicable in one culture are not necessarily translatable into another. The authors also analyze culture across treatment areas in occupational therapy practice, including mental health and physical disability, with both adults and children. Both beginning and experienced occupational therapists and occupational therapy students will find much valuable information in Occupational Therapy Across Cultural Boundaries. Whether interested in examining occupational therapy's application to non-Western cultures, or actually contemplating practicing in a different culture, readers will benefit from learning about the experiences of the authors. This unique book is also helpful for occupational therapy students wishing to examine the philosophy of occupational therapy or the significance of culture to human occupation. Professors will find it useful as an ancillary textbook for undergraduate and graduate courses in occupational therapy on topics such as theory, occupation across cultures, or meaningful activity.

woburn physical therapy woburn ma: Clinical Orthopaedic Rehabilitation S. Brent Brotzman, Robert C. Manske, 2011-01-01 In Clinical Orthopaedic Rehabilitation: An Evidence-Based Approach, Dr. S. Brent Brotzman and Robert C. Manske help you apply the most effective, evidence-based protocols for maximizing return to function following common sports injuries and post-surgical conditions. A well-respected, comprehensive source for evaluating, treating, and rehabilitating

orthopaedic patients, the 3rd Edition guides you on the prevention of running injuries, the latest perturbation techniques, and the ACL rehabilitation procedures and functional tests you need to help get your patients back in the game or the office. You'll also find a brand-new spine rehabilitation section, an extensively revised art program, and online access to videos demonstrating rehabilitation procedures of common orthopaedic conditions at www.expertconsult.com. Get expert guidance on everything you may see on a day-to-day basis in the rehabilitation of joint replacements and sports injuries. Apply evidence-based rehabilitation protocols to common sports conditions like ACL and meniscus injuries and post-surgical rehabilitation for the knee, hip, and shoulder. See how to perform perturbation techniques for ACL rehabilitation, ACL functional tests and return-to-play criteria after reconstruction, analysis of running gait to prevent and treat running injury, and more with videos online at www.expertconsult.com. Use the expert practices described in Tendinopathy and Hip Labral Injuries, part of the expanded Special Topics section, to help patients realize quicker recovery times. Visualize physical examination and rehabilitation techniques with the extensively revised art program that presents 750 figures and illustrations. The new edition of the well-respected Brotzman has been updated to consistently include evidence-based rehabilitation protocols, as well as comprehensive coverage and videos at a great value!

woburn physical therapy woburn ma: Patient-Centered Care for Pharmacists Kimberly A. Galt, 2012-02-20 Patient-centered care is at the heart of today's pharmacy practice, and ASHP's Patient-Centered Care for Pharmacists gets to the heart of the subject. Formerly Developing Clinical Practice Skills for Pharmacists, this revised resource has been redeveloped to compliment the changing emphasis in pharmacy practice to patient-centered care and the contemporary context of healthcare delivery. To understand and treat the whole person and learn to use a realistic approach to time and resources, students must connect their drug science knowledge to actual practice. Useful in multiple courses in multiple levels, Patient-Centered Care for Pharmacists is a valuable resource that gives students and teachers alike more for their money. In P1, P2, and P3 courses in areas from clinical skills to communications, students can follow realistic case studies through typical processes to witness patient centered care in action. Strong, well-developed case studies provide insight into today's vital topics:· Cultural differences among patients· Documentation and health records· Patient care plan development· Effective patient communication· And much more.

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woburn physical therapy woburn ma: Essentials of Patient Education Bastable, 2016-03-29 Essentials of Patient Education, Second Edition prepares nurses for their increasing role in patient teaching, health education and health promotion. Highly revised, the Second Edition focuses on the basic principles of teaching and learning by emphasizing the role of the professional nurse in educating patients and families effectively and efficiently in various healthcare settings. The Second Edition explores new topics of motor learning and gender differences in the brain as well as, the ethics of patient education and the legal role of the nurse as mandated by state practice. The text features completely revised chapter content and updated references that provide evidence from research and theoretical foundations which substantiate content throughout the text. -- Provided by publisher.

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Dyer: Guilt and Worry.

woburn physical therapy woburn ma: Borrelia Infections—Advances in Research and Treatment: 2012 Edition , 2012-12-26 Borrelia Infections—Advances in Research and Treatment: 2012 Edition is a ScholarlyBrief™ that delivers timely, authoritative, comprehensive, and specialized information about Borrelia Infections in a concise format. The editors have built Borrelia Infections—Advances in Research and Treatment: 2012 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Borrelia Infections in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Borrelia Infections—Advances in Research and Treatment: 2012 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

woburn physical therapy woburn ma: Spinal Manual Therapy Howard W. Makofsky, 2024-06-01 Spinal Manual Therapy: An Introduction to Soft Tissue Mobilization, Spinal Manipulation, Therapeutic and Home Exercises, Second Edition is an easy-to-follow manual of clinical techniques for the spine, pelvis, and temporomandibular joint. The text provides tools rather than recipes and immerses the reader in the process of thinking as a manual therapist, rather than functioning as a technician. The clinical utility of this revised second edition combines the art and science of present day spinal manual therapy. The focus of Spinal Manual Therapy, Second Edition is to provide clinically useful treatment techniques, while being mindful of the scientific literature related to the practice of spinal manual therapy. It is an ideal resource for all those interested in grasping the basics of spinal manual therapy and transferring that knowledge into practice within a clinical environment. The hands-on approach taken by Dr. Howard W. Makofsky makes this new edition the go-to textbook for spinal manual therapy. New to the Second Edition: New pictures of examination and treatment techniques with captions Additional case studies New evidence supporting spinal manual therapy Updated references throughout the text This unique textbook has a plethora of clinical techniques, including the rationale for each of their use. With over 300 figures, illustrations, and photographs for each examination/treatment technique for various regions of the body, students and clinicians learning manual therapy will benefit greatly from Spinal Manual Therapy, Second Edition. Inside you'll find: Evaluation Soft tissue techniques Manipulative procedures Specific exercises Clinical problem solving Spinal Manual Therapy, Second Edition mirrors a course on the introduction to spinal manual therapy and will be welcomed into physical therapy curriculums, as well as appreciated by clinicians when entering clinical practice.

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