

swedish fish nutrition facts

swedish fish nutrition facts provide valuable insights into the composition and health considerations of this popular gummy candy. Understanding the nutritional profile of Swedish Fish is essential for consumers who wish to make informed decisions about their snack choices. This article explores the calorie content, macronutrient breakdown, ingredient list, and potential health impacts associated with Swedish Fish consumption. Additionally, it examines the presence of sugars, artificial additives, and allergens, offering a comprehensive view of what this candy contains. Whether you are monitoring your sugar intake or curious about the nutritional value of your favorite chewy treat, a detailed analysis of Swedish Fish nutrition facts can help guide your dietary choices. The following sections delve into the key aspects of Swedish Fish nutrition to provide a complete understanding of this candy's profile.

- Caloric and Macronutrient Content of Swedish Fish
- Ingredients and Additives in Swedish Fish
- Sugar Content and Its Health Implications
- Vitamins, Minerals, and Allergens
- Comparison with Other Gummy Candies

Caloric and Macronutrient Content of Swedish Fish

The caloric and macronutrient profile is fundamental to understanding swedish fish nutrition facts. Typically, a serving size of Swedish Fish is about 40 grams, which translates to approximately 15 to 20 pieces depending on their size. This serving size contains roughly 140 to 160 calories, primarily derived from carbohydrates.

Calories

Each serving of Swedish Fish delivers around 140 to 160 calories. These calories come almost exclusively from carbohydrates, as the candy contains negligible amounts of fat and protein. This makes Swedish Fish an energy-dense snack, largely due to its sugar content.

Carbohydrates

Carbohydrates form the bulk of swedish fish nutrition facts, with an average serving providing approximately 35 to 40 grams of total carbs. These carbs are mainly sugars,

which contribute to both the sweetness and energy content of the candy. Dietary fiber is virtually absent in Swedish Fish, meaning the carbohydrates are rapidly absorbed.

Fat and Protein

Swedish Fish contains minimal to no fat and protein. This absence means the candy offers little in terms of satiety or nutritional balance, which is common among gummy candies. The lack of fat and protein also means Swedish Fish does not provide essential fatty acids or amino acids.

Ingredients and Additives in Swedish Fish

The ingredient list and additives play a crucial role in the overall nutritional profile and consumer perception of Swedish Fish. Knowing what goes into the candy helps identify potential allergens, artificial substances, and natural components.

Key Ingredients

Swedish Fish are primarily made from sugar, corn syrup, and modified corn starch, which give the candy its chewy texture and sweet flavor. Other common ingredients include citric acid for tartness, natural and artificial flavors, and food colorings to create the iconic red color.

Additives and Preservatives

Food-grade additives such as carnauba wax are often used to provide a shiny finish and prevent sticking. Additionally, sodium citrate may be included to maintain pH balance and enhance flavor. These additives are generally recognized as safe but contribute to the overall processed nature of the product.

Sugar Content and Its Health Implications

The high sugar content is a defining characteristic in Swedish Fish nutrition facts and has significant health implications. Excessive sugar consumption is linked to various health issues, including dental decay, obesity, and metabolic disorders.

Amount of Sugar

In a standard serving of Swedish Fish, sugar content ranges from 20 to 30 grams. This amount exceeds the recommended daily sugar intake for children and constitutes a substantial portion of the daily limit for adults, as advised by health organizations such as the American Heart Association.

Health Considerations

Consuming Swedish Fish in moderation is important due to the candy's high sugar concentration. Frequent ingestion can contribute to blood sugar spikes, increase the risk of insulin resistance, and promote tooth enamel erosion. Consumers with diabetes or those monitoring carbohydrate intake should be particularly cautious.

Vitamins, Minerals, and Allergens

While Swedish fish nutrition facts highlight its sugar-heavy composition, it is also essential to consider the presence of vitamins, minerals, and potential allergens. These factors affect the suitability of the candy for different populations.

Vitamins and Minerals

Swedish Fish generally contain negligible amounts of vitamins and minerals. Since the candy is made primarily from sugar and starch, it does not provide significant micronutrients such as vitamin C, calcium, or iron. Consumers should not rely on Swedish Fish as a source of essential nutrients.

Allergen Information

Swedish Fish are typically free from common allergens such as nuts, dairy, and gluten, making them suitable for many individuals with food sensitivities. However, it is important to check packaging for specific allergen warnings, especially if manufactured in facilities processing other allergenic ingredients.

Comparison with Other Gummy Candies

To contextualize Swedish fish nutrition facts, it is helpful to compare their nutritional profile with other gummy candies available in the market. This comparison provides insight into how Swedish Fish stack up in terms of calories, sugar, and ingredient quality.

Caloric and Sugar Comparison

Swedish Fish are comparable in calories and sugar content to other gummy candies such as gummy bears and gummy worms. Most gummy candies contain between 140 and 160 calories per serving and have similar sugar levels ranging from 20 to 30 grams per 40-gram serving.

Ingredient Differences

Some gummy candies may include gelatin derived from animal sources, while Swedish Fish's formulation often uses modified starches, making them suitable for vegetarians. Additionally, flavoring and coloring agents vary, with some brands opting for natural extracts over artificial additives.

- Calories per serving: 140-160 for most gummy candies
- Sugar content: 20-30 grams
- Protein and fat: Minimal or none
- Texture agents: Gelatin versus modified starch
- Use of natural versus artificial flavors and colors

Frequently Asked Questions

What are the main ingredients in Swedish Fish?

Swedish Fish are primarily made from sugar, corn syrup, modified corn starch, citric acid, natural and artificial flavors, sodium citrate, and color additives.

How many calories are in a serving of Swedish Fish?

A typical serving size of Swedish Fish (about 40 grams or 15 pieces) contains approximately 140 to 160 calories.

Are Swedish Fish gluten-free?

Yes, Swedish Fish are generally considered gluten-free as they do not contain wheat or gluten ingredients.

How much sugar is in Swedish Fish per serving?

Swedish Fish contain about 24 to 28 grams of sugar per 40-gram serving.

Do Swedish Fish contain any fat or cholesterol?

No, Swedish Fish contain 0 grams of fat and 0 milligrams of cholesterol per serving.

Are Swedish Fish suitable for vegans?

Swedish Fish are typically vegan-friendly as they do not contain gelatin or animal-derived ingredients, but it's best to check the packaging for specific formulations.

What vitamins or minerals are found in Swedish Fish?

Swedish Fish do not provide significant amounts of vitamins or minerals; they are mainly a source of sugar and carbohydrates.

How many carbohydrates are in Swedish Fish?

A serving of Swedish Fish contains about 36 to 40 grams of carbohydrates, primarily from sugars.

Are Swedish Fish safe for people with allergies?

Swedish Fish do not commonly contain major allergens like nuts, dairy, or eggs, but it's important to read the packaging for any allergen warnings due to manufacturing processes.

Can eating Swedish Fish impact blood sugar levels?

Yes, due to their high sugar content, consuming Swedish Fish can cause a spike in blood sugar levels, so individuals with diabetes should consume them in moderation.

Additional Resources

1. *The Sweet Science: Understanding Swedish Fish Nutrition*

This book delves into the nutritional content of Swedish Fish, exploring the ingredients, calorie count, and sugar levels. It provides readers with a comprehensive breakdown of what makes up this popular candy. Additionally, the book discusses how Swedish Fish fit into a balanced diet and their impact on health.

2. *Gummy Candy and Your Health: The Case of Swedish Fish*

Focusing on gummy candies, this book uses Swedish Fish as a primary example to analyze the nutritional facts and ingredient quality. It offers insights into how these candies affect blood sugar and overall nutrition. Readers will find practical advice on enjoying treats responsibly.

3. *Swedish Fish Exposed: Ingredients and Nutritional Analysis*

This investigative book reveals the detailed composition of Swedish Fish, including sugars, artificial flavors, and additives. It reviews scientific studies on the effects of these ingredients on the human body. The book is ideal for those interested in food science and candy manufacturing.

4. *From Candy to Calories: The Nutritional Journey of Swedish Fish*

Exploring the calorie content and macronutrient profile of Swedish Fish, this book helps readers understand how these candies contribute to daily energy intake. It compares Swedish Fish to other types of candy and snacks, giving context to their nutritional value.

The book also includes tips for mindful consumption.

5. The Sweet Tooth Dilemma: Swedish Fish and Sugar Intake

This book tackles the issue of sugar consumption through the lens of Swedish Fish nutrition facts. It explains the health implications of excessive sugar intake and offers strategies to moderate candy consumption. The author provides recipes and alternatives for those looking to reduce sugar without sacrificing sweetness.

6. Nutrition Facts Unwrapped: A Close Look at Swedish Fish

A straightforward guide that presents the nutrition label of Swedish Fish, explaining each component in detail. It covers calories, carbohydrates, sugars, and additives, making the information accessible to readers of all backgrounds. The book also discusses the regulatory standards for candy labeling.

7. Swedish Fish and Dietary Choices: Finding Balance in Indulgence

This book examines how Swedish Fish can fit into various dietary lifestyles, from weight management to vegan diets. It highlights the nutritional pros and cons and suggests ways to enjoy the candy as part of a balanced eating plan. The author includes testimonies and expert opinions on candy consumption.

8. The Chemistry Behind Swedish Fish: Nutrition and Flavor

Delving into the chemistry of Swedish Fish, this book explains how ingredients combine to produce their unique taste and texture. It also discusses the nutritional aspects, such as sugar types and calorie sources. Readers interested in food chemistry and nutrition will find this book enlightening.

9. Swedish Fish in the Modern Diet: Nutrition Facts and Trends

This book explores the role of Swedish Fish in contemporary eating habits and nutrition trends. It analyzes how consumer preferences affect candy formulations and nutritional content. The author also addresses the rise of healthier candy options and how Swedish Fish compares.

Swedish Fish Nutrition Facts

Find other PDF articles:

<https://www-01.massdevelopment.com/archive-library-201/files?trackid=bsp70-6705&title=cpt-code-cheat-sheet.pdf>

swedish fish nutrition facts: Catalog. Supplement - Food and Nutrition Information and Educational Materials Center Food and Nutrition Information and Educational Materials Center (U.S.), 1976

swedish fish nutrition facts: Food and Nutrition Information and Educational Materials Center catalog Food and Nutrition Information Center (U.S.), 1976

swedish fish nutrition facts: Cumulative Index to the Catalog of the Food and Nutrition Information and Educational Materials Center, 1973-1975 Food and Nutrition Information and Educational Materials Center (U.S.), 1975

swedish fish nutrition facts: *Energy Drinks* John Higgins, Joshua D. Hahn, 2025-03-14 After reports of adverse events associated with energy drink consumption, including trouble sleeping, anxiety, cardiovascular events, seizures, and even death, concerns have been raised about their safety and efficacy. *Energy Drinks: Composition, Consumption, and Cautions* will focus on these popular beverages, their composition, ingredients, consumption patterns, performance-enhancing effects, and their potential negative side effects and health risks. This book will go on to make recommendations that call for education, regulatory actions, changes in marketing, and additional research. The research about energy drink safety and efficacy is often contradictory, and much of the available literature is industry sponsored. This book will offer a single, unbiased, up-to-date resource for researchers, healthcare providers, and industry regulators to understand the full scope of energy drinks and their associated health risks. - Covers the composition, varieties, and ingredients of energy drinks - Details the performance-enhancing effects, as well as the adverse effects associated with energy drinks - Educates readers on safe consumption and makes safety recommendations for beverage producers and government regulators

swedish fish nutrition facts: *Cumulative Index to the Catalog of the Food and Nutrition Information and Education Material Center 1973-1975* National Agricultural Library (U.S.), 1975

swedish fish nutrition facts: *Consumer Health & Nutrition Index* , 1991

swedish fish nutrition facts: *DeLee and Drez's Orthopaedic Sports Medicine E-Book*
Mark D. Miller, Stephen R. Thompson, 2009-09-02 Here's the New Edition of the must-have reference in sports medicine! Covering all athletes throughout their lifespan, this 2-volume reference explores the pathophysiology, diagnosis, and treatment of the full spectrum of sports-related injuries and medical disorders. It provides the most clinically focused, comprehensive guidance available in any single source, with contributions from the most respected authorities in the field. Thoroughly revised and updated, you'll find state-of-the-art coverage in an all-new full-color format and access to the complete contents online, with video clips and more! Encompasses imaging techniques, the management of both adult and child/adolescent injuries, and sports-related fractures to help you meet for every clinical challenge. Includes coverage of important non-orthopaedic conditions in the management of the athlete for a complete guide to treatment. Integrates coverage of pediatric and aging athletes to help you meet the unique needs of these patients. Covers rehabilitation and other therapeutic modalities in the context of return to play. Delivers new and expanded coverage of arthroscopic techniques, including ACL reconstruction, allograft cartilage transplantation, rotator cuff repair, and complications in athletes, as well as injury prevention, nutrition, pharmacology, and psychology in sports. Offers unprecedented reference power with access to the full text online, with links to PubMed, an image library, self-assessment material, and more. Includes video clips demonstrating arthroscopic and open surgical techniques on the website to enhance your mastery of essential skills. Offers a new full-color design and format including over 3000 superb illustrations, intraoperative and clinical photos, and boxed and color-coded text features to clarify key concepts, diagnostic landmarks, and operative techniques.

swedish fish nutrition facts: *Catalog* Food and Nutrition Information Center (U.S.), 1974

swedish fish nutrition facts: *Aspects of Human Nutrition and Food Contaminants* G. H. Bourne, 1979-11-20

swedish fish nutrition facts: *Symposia of the Swedish Nutrition Foundation* , 1971

swedish fish nutrition facts: *Candy* Samira Kawash, 2013-10-15 For most Americans, candy is an uneasy pleasure, eaten with side helpings of guilt and worry. Yet candy accounts for only 6 percent of the added sugar in the American diet. And at least it's honest about what it is—a processed food, eaten for pleasure, with no particular nutritional benefit. So why is candy considered especially harmful, when it's not so different from the other processed foods, from sports bars to fruit snacks, that line supermarket shelves? How did our definitions of food and candy come to be so muddled? And how did candy come to be the scapegoat for our fears about the dangers of food? In *Candy: A Century of Panic and Pleasure*, Samira Kawash tells the fascinating story of how

candy evolved from a luxury good to a cheap, everyday snack. After candy making was revolutionized in the early decades of mass production, it was celebrated as a new kind of food for energy and enjoyment. Riding the rise in snacking and exploiting early nutritional science, candy was the first of the panoply of junk foods that would take over the American diet in the decades after the Second World War—convenient and pleasurable, for eating anytime or all the time. And yet, food reformers and moral crusaders have always attacked candy, blaming it for poisoning, alcoholism, sexual depravity and fatal disease. These charges have been disproven and forgotten, but the mistrust of candy they produced has never diminished. The anxiety and confusion that most Americans have about their diets today is a legacy of the tumultuous story of candy, the most loved and loathed of processed foods. Candy is an essential, addictive read for anyone who loves lively cultural history, who cares about food, and who wouldn't mind feeling a bit better about eating a few jelly beans.

swedish fish nutrition facts: Low-fat, Low-cholesterol Cookbook American Heart Association, 2001-11 Millions of Americans want to reduce the fat and cholesterol in their diets, yet don't want to sacrifice the flavors and textures they love. The American Heart Association comes to the rescue with scrumptious recipes—from Cheese-Herb Chicken Medallions to Chocolate Soufflé with Vanilla Sauce—that prove just how attainable a goal that is! This book is particularly useful for doctors whose patients need some great suggestions for putting sound medical advice into daily practice.

swedish fish nutrition facts: Commercial Fisheries Review , 1968

swedish fish nutrition facts: Congressional Record United States. Congress, 1975

swedish fish nutrition facts: Nutrition For Dummies Carol Ann Rinzler, 2016-04-25 Get the straight facts on nutrition, slim down, and feel great You've been hearing it since you were a kid: You are what you eat. And this wise saying is true! Good nutrition is the key to achieving and maintaining healthy weight and lifelong good health—no matter how you slice it. Nutrition For Dummies, 6th Edition is a one-size-fits-all guide to nutrition that shows you how to manage your diet so you get the most bang for your buck. This book gives you the know-how to put together a shopping list, prepare healthy foods, and easily cut calories. The latest edition of The Dietary Guidelines for Americans encourages individuals to eat a healthful diet—one that focuses on foods and beverages that help achieve and maintain a healthy weight, promote health, and prevent chronic disease. This updated edition of Nutrition For Dummies reflects the latest suggested guidelines and details in plain English so you can incorporate these recommendations for living a nutritionally sound life. You'll get updated RDAs on vitamins and nutritional supplements; find out why you should eat more fruits, vegetables, nuts, whole grains, and other plant-based foods; understand the importance of cholesterol for brain health; get the latest information on obesity; and more. Decipher the latest nutrition facts, labels, and guidelines Understand why sugar is the most controversial subject in diet today Grasp the truth about vitamin supplements and energy drinks Make informed decisions about your own nutrition choices An apple a day may not necessarily keep the doctor away, but with the simple guidance of Nutrition For Dummies, 6th Edition you can be on your way to living a happier, healthier, and longer life.

swedish fish nutrition facts: Handbook of Plant-Based Food and Drinks Design Fatma Boukid, Cristina M. Rosell, Nicola Gasparre, 2024-05-29 Handbook of Plant-Based Food and Drinks Design discusses conventional and emerging technologies for plant-based ingredient improvement (yield, nutritional composition and functional properties) while considering food safety, sustainability, and social impact to explore current and potential markets through research and innovation. Divided in 7 sections, the book covers Plant sources for functional ingredients, Processing plant-based sources, Plant-based food design to replace/mimic animal food, Innovation in plant-based food, The promise of parity, Safety and regulations of plant-based foods, Social, environmental, and economic impact, and more. Written by a team of experts in the field, this book can be a good support for researchers and scientists working with plant-based food, drinks, and market trends. - Brings a critical overview about the health-beneficial compounds of plant-based sources - Offers guidelines on how to

formulate plant-based food or a food alternative - Discusses the transition towards more plant-based diets on nutrition, economy climate change, health, and sustainability

swedish fish nutrition facts: Whole Food Facts Evelyn Roehl, 1996-06 What each food is, where it comes from, how to store it, how to cook with it, comprehensive nutritional breakdowns for each food.

swedish fish nutrition facts: Cardiovascular Disease BNF (British Nutrition Foundation), Sara Stanner, Sarah Coe, Keith N. Frayn, 2019-05-06 A comprehensive, accessible summary of the latest research in heart disease risk factors Cardiovascular Disease (CVD) is a major cause of early death and disability across the world. The major markers of risk—including high blood cholesterol, smoking, and obesity—are well known, but studies show that such markers do not account for all cardiovascular risk. Written by a team of renowned experts in the field, this comprehensive and accessible book examines the evidence for emerging and novel risk factors, and their relationship with diet and nutrition. Fully updated throughout, Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors, 2nd Edition covers everything from the epidemiology of cardiovascular disease, to genetic factors, to inflammation and much more - offering invaluable advice on reducing risk factors and preventing CVD. This new edition: Authoritatively reports on the link between emerging aspects of diet, lifestyle and cardiovascular disease risk Focuses on novel risk factors of CVD, including the human gut microbiome and fetal and childhood origins, and how it can be prevented Features recommendations for interventions and future research Includes references, commonly asked questions that summarise the take-home messages, and an online glossary Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors, 2nd Edition is an important book for researchers and postgraduate students in nutrition, dietetics, food science, and medicine, as well as for cardiologists and cardiovascular specialists.

swedish fish nutrition facts: Notes on the History of Nutrition Research Clive Maine McCay, 1973

swedish fish nutrition facts: Bibliography of Agriculture with Subject Index , 1993-03

Related to swedish fish nutrition facts

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy

tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the

information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities

Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for

something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Swedish Health Services See why Swedish is consistently named the Seattle area's best hospital, with the best doctors, nurses and overall care in a variety of specialty areas

Online HR and Payroll Access for Swedish Employees | Swedish Are you a Swedish employee? Use our online Employee Self-Service to view pay statements, update direct deposit info, apply for jobs and more. Click here!

MyChart | Swedish If you visit a Swedish hospital or emergency department, Patient Registration is able to gather the necessary information from you to issue you a MyChart access code and instructions

Medical Imaging | Edmonds Campus | Swedish At Swedish Edmonds we are proud of our radiology services, state-of-the-art equipment, technologists registered in their imaging specialty and registered nurses

Bill Pay | Swedish Pay your bill online via patient portal MyChart, as a guest or by phone. Pay your bill for Swedish facilities

Locations | Swedish Safe In-Person & Virtual Appointments Whether you need attention for something minor or major, we've put in place additional protocols to make sure you feel comfortable and confident every

Services | Swedish Contact Us ACROSS SWEDISH About Us Annual Report to Our Communities Community Health Needs Assessments and Improvement Plans

Medical Records | Swedish Swedish is required by law to maintain the privacy of your health information, to provide you with a notice of our legal duties and privacy practices, and to follow the information practices that are

Swedish Cherry Hill Campus Your investment supports the vital work of Swedish, the largest not-for-profit health care provider in the Pacific Northwest. Together, we can invest in a healthy tomorrow for you, your loved

Contact Us | Swedish | Swedish For billing questions, call one of the numbers below or visit the billing section of our website. Hospital bills (all campuses): 1-877-406-0438 Swedish Medical Group bills: 1-888-294-9333

Back to Home: <https://www-01.massdevelopment.com>