

# prevea physical therapy green bay wi

**prevea physical therapy green bay wi** is a leading provider of comprehensive rehabilitation services in the Green Bay area, dedicated to helping patients recover from injuries, manage chronic conditions, and improve overall physical function. With a team of experienced therapists and state-of-the-art facilities, Prevea Physical Therapy offers personalized treatment plans designed to meet the unique needs of each individual. Whether addressing sports injuries, post-surgical rehabilitation, or mobility issues, their approach combines evidence-based techniques with compassionate care. This article explores the services offered by Prevea Physical Therapy in Green Bay, the benefits of physical therapy, and what patients can expect during their treatment journey. It also highlights the specialized programs available and the qualifications of the clinical staff. Understanding these aspects can help patients make informed decisions about their rehabilitation options.

- Overview of Prevea Physical Therapy in Green Bay, WI
- Services Offered at Prevea Physical Therapy
- Benefits of Choosing Prevea Physical Therapy
- Specialized Programs and Treatment Options
- What to Expect During Your Physical Therapy Sessions
- Qualifications and Expertise of Prevea Physical Therapy Staff

## Overview of Prevea Physical Therapy in Green Bay, WI

Prevea Physical Therapy in Green Bay, WI, operates as a trusted healthcare provider focused on delivering high-quality rehabilitation services. The facility is part of the larger Prevea Health system, known for its commitment to patient-centered care and integrated health solutions. Located conveniently in Green Bay, the center serves a diverse population, addressing various musculoskeletal and neurological conditions. The clinic emphasizes a multidisciplinary approach to treatment, involving collaboration among physical therapists, physicians, and other healthcare professionals to optimize patient outcomes.

## Mission and Approach

The mission of Prevea Physical Therapy Green Bay WI is to restore function, reduce pain, and enhance the quality of life for patients through personalized therapy plans. The approach is rooted in evidence-based practices, utilizing the latest advancements in physical rehabilitation. Therapists conduct thorough assessments to identify the underlying causes of dysfunction and tailor interventions accordingly. This patient-focused model ensures that each individual receives care that aligns with their specific

goals and health status.

## **Facility and Equipment**

The Green Bay location is equipped with modern rehabilitation technology, including therapeutic exercise equipment, modalities such as ultrasound and electrical stimulation, and tools for manual therapy. The environment is designed to be welcoming and accessible, promoting a safe space for recovery and rehabilitation. Accessibility features and ample parking make it convenient for patients from surrounding communities to attend appointments regularly.

## **Services Offered at Prevea Physical Therapy**

Prevea Physical Therapy in Green Bay provides a broad spectrum of services aimed at treating various conditions and promoting optimal physical function. The services are tailored to meet the needs of different patient populations, including athletes, seniors, post-operative patients, and individuals with chronic pain.

### **Orthopedic Rehabilitation**

This service focuses on musculoskeletal injuries and conditions such as fractures, ligament sprains, tendonitis, and arthritis. Therapists use manual therapy, therapeutic exercises, and modalities to reduce pain, restore mobility, and strengthen affected areas.

### **Sports Injury Therapy**

Designed for athletes and active individuals, this program addresses injuries related to sports participation. It emphasizes injury prevention, performance enhancement, and safe return to activity through specialized conditioning and functional training.

### **Neurological Rehabilitation**

Patients with neurological disorders such as stroke, Parkinson's disease, or multiple sclerosis benefit from targeted therapies that improve motor control, balance, coordination, and functional independence.

### **Post-Surgical Rehabilitation**

Following surgeries such as joint replacements or ligament repairs, Prevea Physical Therapy provides structured rehabilitation plans to ensure proper healing and regain strength and range of motion.

## **Balance and Fall Prevention**

This service is particularly important for elderly patients or those with balance impairments, focusing on exercises and strategies to reduce fall risk and improve stability.

## **Benefits of Choosing Prevea Physical Therapy**

Opting for Prevea Physical Therapy Green Bay WI offers numerous advantages that contribute to successful rehabilitation and overall health improvement. The clinic's comprehensive approach and skilled clinicians enhance the patient experience and outcomes.

## **Personalized Care Plans**

Each patient receives a customized treatment plan based on thorough assessment and individual goals. This personalized approach ensures that therapy is both effective and aligned with patient needs.

## **Experienced and Licensed Therapists**

The team consists of licensed physical therapists with specialized training in various rehabilitation disciplines. Their expertise ensures patients receive up-to-date evidence-based care.

## **Integrated Healthcare Network**

Being part of the Prevea Health system allows for seamless coordination with physicians and other healthcare providers, facilitating comprehensive care management.

## **Patient Education and Support**

Education is a key component of therapy, empowering patients with knowledge about their conditions and strategies for self-management to prevent recurrence and maintain health.

## **Specialized Programs and Treatment Options**

In addition to general physical therapy services, Prevea Physical Therapy Green Bay WI offers specialized programs designed for specific patient needs and conditions.

## **Women's Health Physical Therapy**

This program addresses pelvic floor dysfunction, prenatal and postpartum recovery, and other women's health issues through targeted therapeutic techniques.

## **Pediatric Physical Therapy**

Children with developmental delays, injuries, or congenital conditions receive age-appropriate interventions to promote mobility and functional skills.

## **Work-Related Injury Rehabilitation**

Designed for individuals recovering from occupational injuries, this program focuses on restoring function and facilitating a safe return to work.

## **Chronic Pain Management**

For patients suffering from long-term pain conditions, therapists employ multimodal approaches including manual therapy, exercise, and education to manage symptoms and improve quality of life.

## **What to Expect During Your Physical Therapy Sessions**

Understanding the process of physical therapy at Prevea Physical Therapy Green Bay WI helps patients feel prepared and engaged in their treatment journey.

### **Initial Evaluation**

The first appointment typically involves a comprehensive evaluation where the therapist reviews medical history, performs physical assessments, and sets treatment goals collaboratively with the patient.

### **Therapy Sessions**

Sessions may include a combination of hands-on manual therapy, therapeutic exercises, neuromuscular re-education, and use of modalities to address pain and dysfunction.

### **Progress Monitoring**

Therapists regularly assess patient progress and adjust treatment plans as needed to ensure optimal recovery and goal achievement.

### **Home Exercise Programs**

Patients often receive customized exercises to perform at home, reinforcing therapy gains and promoting independence.

# **Qualifications and Expertise of Prevea Physical Therapy Staff**

The clinical team at Prevea Physical Therapy Green Bay WI comprises highly qualified professionals dedicated to providing expert care.

## **Licensed Physical Therapists**

All therapists hold state licensure and have completed rigorous academic and clinical training. Many possess advanced certifications in specialty areas such as orthopedics, sports therapy, and neurological rehabilitation.

## **Continuing Education and Training**

Staff members participate in ongoing education to stay current with the latest treatment techniques and research in physical therapy, ensuring evidence-based practice.

## **Collaborative Care Approach**

The team works closely with referring physicians, surgeons, and other health professionals to create integrated treatment plans that address the whole patient.

- Comprehensive patient assessments
- Customized rehabilitation plans
- Use of advanced therapeutic techniques
- Focus on functional recovery and prevention
- Supportive and patient-centered environment

## **Frequently Asked Questions**

### **What services does Prevea Physical Therapy in Green Bay, WI offer?**

Prevea Physical Therapy in Green Bay, WI offers a variety of services including orthopedic rehabilitation, sports injury treatment, post-surgical therapy, balance and vestibular therapy, and pain management.

### **How can I schedule an appointment with Prevea**

## **Physical Therapy in Green Bay?**

You can schedule an appointment by calling their Green Bay clinic directly or by visiting the Prevea Health website to book an appointment online.

## **Does Prevea Physical Therapy in Green Bay accept insurance?**

Yes, Prevea Physical Therapy accepts most major insurance plans. It is recommended to contact their office or your insurance provider to verify coverage.

## **What are the operating hours of Prevea Physical Therapy in Green Bay, WI?**

Operating hours typically vary by location, but Prevea Physical Therapy in Green Bay generally operates Monday through Friday from early morning to late afternoon. It's best to check their website or call for exact hours.

## **Are there specialized physical therapists at Prevea Physical Therapy Green Bay?**

Yes, Prevea Physical Therapy employs licensed and experienced physical therapists who specialize in various areas such as sports medicine, orthopedics, neurological rehab, and pediatric therapy.

## **What should I expect during my first visit to Prevea Physical Therapy in Green Bay?**

During your first visit, a physical therapist will conduct an evaluation, discuss your medical history and goals, and develop a personalized treatment plan tailored to your needs.

## **Does Prevea Physical Therapy offer telehealth or virtual physical therapy services in Green Bay?**

Prevea Health has been expanding telehealth options, and some physical therapy services may be available virtually. Contact the Green Bay clinic to inquire about current telehealth availability.

## **Where is Prevea Physical Therapy located in Green Bay, WI?**

Prevea Physical Therapy is located at multiple facilities in Green Bay, WI, including their main clinic at 111 S. Washington St. It's best to check their website or call for the most convenient location.

## **Additional Resources**

1. *Healing Motion: The Prevea Physical Therapy Approach in Green Bay, WI*

This book explores the comprehensive physical therapy techniques employed by Prevea in Green Bay. It delves into patient success stories, advanced

rehabilitation methods, and the integration of technology in therapy. Readers gain insight into how personalized care helps patients recover from injuries and improve mobility.

*2. Rehabilitation Excellence: Inside Prevea Physical Therapy*

Focusing on the clinical expertise and patient-centered philosophy at Prevea Physical Therapy, this book highlights the team's commitment to recovery and wellness. It covers various treatment programs, from sports injuries to chronic pain management, emphasizing evidence-based practices.

*3. The Green Bay Guide to Physical Therapy: Prevea's Role in Community Health*

This title discusses the impact of Prevea Physical Therapy on the Green Bay community's health and wellness. It includes information on preventive care, educational outreach, and collaborative efforts with local healthcare providers to improve patient outcomes.

*4. Movement and Recovery: Techniques from Prevea Physical Therapy Specialists*

A practical guide presenting the therapeutic exercises and manual techniques used by Prevea therapists. The book offers step-by-step instructions, tips for maintaining progress, and advice on injury prevention, making it useful for patients and therapists alike.

*5. Innovations in Physical Therapy at Prevea Green Bay*

Highlighting the cutting-edge technology and innovative treatments at Prevea Physical Therapy, this book examines how advancements such as telehealth and robotics are transforming patient care. It also discusses the future directions of physical therapy in the region.

*6. Patient Stories: Triumphs at Prevea Physical Therapy Green Bay*

A collection of inspiring patient testimonials showcasing the positive outcomes achieved through Prevea's personalized therapy plans. The narratives provide hope and motivation for those undergoing rehabilitation and illustrate the compassionate care environment.

*7. Sports Injury Recovery with Prevea Physical Therapy*

Dedicated to athletes and active individuals, this book outlines the specialized programs offered by Prevea Physical Therapy to treat sports-related injuries. It covers prevention strategies, rehabilitation protocols, and return-to-play guidelines tailored to various sports.

*8. Chronic Pain Management at Prevea Physical Therapy Green Bay*

This title addresses the challenges of managing chronic pain through physical therapy. It presents multidisciplinary approaches used by Prevea therapists, including manual therapy, exercise, and patient education, aimed at improving quality of life.

*9. Prevea Physical Therapy: A Partner in Post-Surgical Rehabilitation*

Focusing on the critical role of physical therapy in post-operative recovery, this book details how Prevea supports patients after surgeries such as joint replacements and spinal procedures. It emphasizes customized treatment plans designed to restore function and reduce complications.

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