

medicine for vertigo walgreens

medicine for vertigo walgreens is a common search phrase for individuals seeking relief from the dizzying symptoms of vertigo. Vertigo, characterized by a sensation of spinning or dizziness, can significantly impact daily life. Walgreens, a leading pharmacy chain, offers a range of medications and treatments that cater to vertigo management. This article explores the types of medicine available at Walgreens, their uses, and additional considerations for effective vertigo treatment. Whether dealing with occasional dizziness or chronic balance issues, understanding the options at Walgreens can help patients make informed decisions about their care. This guide also discusses the causes of vertigo, the role of over-the-counter and prescription drugs, and tips for safe usage. Explore the comprehensive overview below to navigate the best medicine for vertigo Walgreens offers.

- Understanding Vertigo and Its Causes
- Common Medicines for Vertigo Available at Walgreens
- Over-the-Counter vs Prescription Vertigo Medications
- How to Use Vertigo Medicine Safely
- Additional Therapies and Lifestyle Tips for Vertigo Relief

Understanding Vertigo and Its Causes

Vertigo is a symptom rather than a disease itself, often described as a spinning or swaying sensation that impacts balance and spatial orientation. It typically results from issues within the inner ear or the brain's vestibular system, which controls balance. Common causes include benign paroxysmal

positional vertigo (BPPV), vestibular neuritis, Meniere's disease, and migraines.

Recognizing the underlying cause of vertigo is crucial for effective treatment. While some causes require medical intervention, others may resolve with time or simple remedies. Understanding how vertigo arises helps in selecting the appropriate medicine for vertigo Walgreens provides, ensuring relief and safety.

Types of Vertigo

Vertigo can be classified into peripheral and central types. Peripheral vertigo relates to inner ear problems and is more common. Central vertigo stems from neurological issues in the brain.

- **Peripheral Vertigo:** Often caused by inner ear disorders such as BPPV or Meniere's disease.
- **Central Vertigo:** Related to brain conditions, including stroke or multiple sclerosis.

Symptoms Associated with Vertigo

Symptoms typically include dizziness, imbalance, nausea, vomiting, and sometimes hearing loss or tinnitus. Identifying symptoms helps pharmacists and healthcare providers at Walgreens recommend suitable medicines for vertigo.

Common Medicines for Vertigo Available at Walgreens

Walgreens stocks a variety of medications that target vertigo symptoms, including both over-the-counter (OTC) and prescription options. These medications aim to reduce dizziness, nausea, and inflammation within the vestibular system.

Antihistamines

Antihistamines are frequently used to manage vertigo symptoms due to their ability to reduce inner ear inflammation and control nausea. Common antihistamines available at Walgreens include meclizine and dimenhydrinate.

- **Meclizine:** Often prescribed for motion sickness and vertigo, meclizine helps alleviate dizziness and nausea.
- **Dimenhydrinate:** An OTC option that provides relief from nausea and dizziness associated with vertigo.

Benzodiazepines

In some cases, benzodiazepines such as diazepam are prescribed to reduce anxiety-related vertigo symptoms. These medications work by calming the nervous system but are generally used with caution due to potential dependency.

Anti-Nausea Medications

Medications like promethazine may be recommended to control severe nausea and vomiting caused by vertigo. These drugs help improve comfort and prevent dehydration.

Over-the-Counter vs Prescription Vertigo Medications

Patients can find both OTC and prescription medicines for vertigo at Walgreens. The choice depends on symptom severity, underlying causes, and individual health conditions.

Over-the-Counter Options

OTC medications are suitable for mild to moderate vertigo symptoms. They are accessible without a prescription and include antihistamines and anti-nausea drugs. These options provide quick symptom relief and are often the first line of treatment.

Prescription Medications

Prescription drugs are typically recommended for more severe or persistent vertigo. They may include stronger antihistamines, benzodiazepines, or corticosteroids to reduce inflammation. Walgreens pharmacists can assist with prescription fulfillment and provide guidance on medication use.

Comparing Benefits and Risks

While OTC medicines are convenient and generally safe, they may not address underlying causes. Prescription medications offer targeted treatment but require medical supervision to avoid side effects and interactions.

How to Use Vertigo Medicine Safely

Proper use of vertigo medicine is essential to maximize effectiveness and minimize risks. Walgreens pharmacists provide counseling to ensure patients understand dosage, timing, and potential side effects.

Dosage and Administration

Following the recommended dosage is critical. Overuse can lead to drowsiness, dizziness, or other adverse effects. Patients should read labels carefully and consult pharmacists if uncertain.

Potential Side Effects

Common side effects of vertigo medications include drowsiness, dry mouth, blurred vision, and fatigue. Severe reactions should prompt immediate medical attention.

Interactions with Other Medications

Vertigo medicines may interact with other drugs, such as sedatives or blood pressure medications. Informing Walgreens pharmacists about all current medications helps prevent harmful interactions.

Additional Therapies and Lifestyle Tips for Vertigo Relief

Besides medication, managing vertigo often involves lifestyle adjustments and physical therapies. Walgreens offers resources and products that support comprehensive vertigo care.

Vestibular Rehabilitation Therapy

Vestibular rehabilitation involves exercises designed to improve balance and reduce dizziness. While not available directly at Walgreens, pharmacists can recommend specialists or resources for this therapy.

Lifestyle Modifications

Certain habits can reduce vertigo episodes, such as:

- Maintaining hydration
- Avoiding sudden head movements

- Limiting caffeine and alcohol intake
- Managing stress through relaxation techniques

Use of Medical Devices

Balance aids, such as canes or walkers, might be recommended for those with severe vertigo to prevent falls. Walgreens provides access to some assistive devices and wellness products.

Frequently Asked Questions

What are some common medicines for vertigo available at Walgreens?

Common medicines for vertigo available at Walgreens include meclizine, dimenhydrinate, and brand-name products like Bonine and Dramamine, which help reduce dizziness and nausea.

Can I buy vertigo medicine over the counter at Walgreens?

Yes, several vertigo medicines like meclizine and dimenhydrinate are available over the counter at Walgreens without a prescription.

Does Walgreens offer any natural or homeopathic remedies for vertigo?

Walgreens carries some natural supplements such as ginger capsules and vitamin B6, which some people use to help manage vertigo symptoms, but their effectiveness varies and you should consult a healthcare provider.

Are there any side effects of vertigo medicines sold at Walgreens?

Common side effects of vertigo medicines like meclizine and dimenhydrinate include drowsiness, dry mouth, and blurred vision. It is important to read labels and consult a pharmacist if you have concerns.

Can I use Walgreens' pharmacy consultation service to get advice on vertigo medication?

Yes, Walgreens offers pharmacy consultation services where you can speak with a pharmacist about vertigo medications, their proper use, and possible interactions with other drugs.

Does Walgreens stock prescription medications for severe vertigo?

Walgreens pharmacies can fill prescriptions for medications used to treat severe vertigo, such as vestibular suppressants or anti-nausea drugs, but you will need a prescription from your healthcare provider.

How quickly do vertigo medications from Walgreens typically start working?

Over-the-counter vertigo medications like meclizine usually start working within an hour of ingestion, but the onset time can vary depending on the medication and individual response.

Additional Resources

1. Vertigo and Dizziness: A Practical Guide to Diagnosis and Management

This comprehensive book offers an in-depth look at the causes, diagnosis, and treatment of vertigo and dizziness. It is designed for clinicians and healthcare professionals seeking practical strategies to manage patients with balance disorders. The text covers a range of vestibular disorders and includes the latest diagnostic techniques and treatment options.

2. Clinical Neurotology: Diagnosis and Treatment of Vertigo and Balance Disorders

Focused on the neurological aspects of vertigo, this book provides detailed insights into the diagnosis and management of vestibular and balance disorders. It is an essential resource for neurologists, otolaryngologists, and audiologists. The book includes case studies and the latest research findings in neurotology.

3. Vestibular Rehabilitation Therapy: Clinical Practice Guidelines

This guide presents evidence-based rehabilitation techniques for patients suffering from vertigo and balance dysfunction. It explains therapeutic exercises and protocols used to improve vestibular function and reduce symptoms. Suitable for physical therapists and rehabilitation specialists, it bridges clinical practice with research.

4. Understanding Vertigo: A Patient's Guide to Causes and Treatments

Written for patients and caregivers, this book simplifies the complex medical information about vertigo. It covers common causes, symptoms, and treatment options available at places like Walgreens and other pharmacies. The guide also provides advice on managing lifestyle changes and preventing vertigo episodes.

5. Pharmacological Approaches to Vertigo: Medications and Management

This text explores the role of medications in treating vertigo and related vestibular disorders. It details different drug classes, their mechanisms, indications, and side effects. Healthcare providers will find this book useful for making informed decisions about pharmacotherapy for vertigo patients.

6. Emergency Medicine and Vertigo: Diagnostic and Treatment Strategies

Designed for emergency medical professionals, this book focuses on the acute presentation of vertigo and rapid diagnostic methods. It outlines protocols for distinguishing benign from life-threatening causes of dizziness in urgent care settings. The text emphasizes quick decision-making and appropriate referrals.

7. Integrative Medicine for Vertigo: Combining Conventional and Alternative Therapies

This book explores complementary and alternative treatments for vertigo, including acupuncture, herbal

remedies, and lifestyle modifications. It discusses how integrative approaches can be combined with conventional medicine for holistic patient care. Ideal for practitioners interested in expanding treatment options.

8. Advanced Vestibular Imaging: Techniques and Clinical Applications

Focusing on the latest imaging technologies, this title covers CT, MRI, and specialized vestibular scans used in diagnosing vertigo. It explains how advanced imaging can improve understanding of inner ear and brain pathologies. Radiologists and clinicians will benefit from the detailed protocols and case examples.

9. Balance Disorders and Rehabilitation: A Multidisciplinary Approach

This book presents a collaborative approach to diagnosing and treating balance disorders, including vertigo. It integrates perspectives from neurology, otolaryngology, physical therapy, and audiology. The multidisciplinary focus provides comprehensive strategies for effective patient rehabilitation.

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Simeon Margolis, Johns Hopkins Medicine, 2005 The Johns Hopkins White Papers are in depth reports written for the consumer by some of the nations leading doctors.

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Although, your health condition may impact your everyday life, do not let it define who you are. Meclizine hydrochloride is used to prevent and control nausea, vomiting, and dizziness caused by motion sickness. It is also used for vertigo (dizziness or lightheadedness) caused by ear problems. Meclizine is an antihistamine. It works to block the signals to the brain that cause nausea, vomiting, and dizziness. This medicine is available only with your doctor's prescription. Thanks and may you have a good understanding about this drug-Meclizine. You may want to share this book with your family and friends who may be in need of help and would want to use this medicine. Take care, and as always, be well!

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Marianne Dieterich, 2023-04-17 The third edition of this successful book has been fully revised, expanded and updated to reflect the recent advances in vertigo and dizziness, especially with regard

to current classifications and clinical trials. The book starts by covering the fundamentals of anatomy and physiology of the vestibular and the ocular motor systems. It provides guidance on how to take the patient history, laboratory and imaging analysis and principles of therapy exploring different therapeutic strategies. It then goes on to cover in detail the diagnosis and current treatment of peripheral, central and functional vestibular disorders as well as miscellaneous rare vestibular syndromes. Using a uniform chapter style to address the various diseases and adopting a reader-friendly educational format, this is an indispensable guide for clinicians who treat patients with vertigo, dizziness and balance disorders. Hundreds of patient videos are included for the diseases demonstrating typical patient histories and clinical findings. Chapters have also been expanded to discuss the current classification and therapies as well as new and ongoing clinical trials with ample new figures. Written by three top experts in the field, this book is aimed at a broad range of medical specialists, namely neurologists, ENT specialists, neuro-otologists, ophthalmologists, physiotherapists, general practitioners as well as residents and students. Via app: download the SN More Media app for free, scan a link with play button and access videos directly on your smartphone or tablet.

medicine for vertigo walgreens: Oxford Textbook of Vertigo and Imbalance , 2025-02-08 Vertigo, dizziness, and imbalance rank amongst the most common presenting symptoms in neurology, otorhinolaryngology, geriatric medicine, and general practice. These symptoms can originate from many different organs and systems, e.g. the inner ear, general medical conditions, and neurological and psychological disorders. The Oxford Textbook of Vertigo and Imbalance, Second Edition provides an up-to-date summary of the scientific basis, clinical diagnosis, and management of disorders that lead to dizziness and poor balance. The Second Edition has been thoroughly revised and all chapters have been fully reviewed and updated since the last edition 10 years ago. This edition features 29 fully updated chapters and four new chapters on vestibular surgery, traumatic brain injury, dizziness in children, and dizziness in the elderly. The textbook is conceptually divided into three sections, detailing the scientific basis, general clinical issues, and specific diseases diagnosed in clinical practice that are responsible for complaints of dizziness and imbalance. Individual chapters address benign paroxysmal positional vertigo, vestibular migraine, vestibular neuritis, stroke, and Ménière's disease. Additional chapters follow a syndrome-based approach and cover multiple conditions, including cerebellar disorders, bilateral vestibular failure, and psychological disorders.

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medical information were reviewed by an experienced otolaryngologist. Comments by Madelon Baranoski, PhD, Associate Professor, Department of Psychiatry, Yale University: "This is an informative and entirely readable book on vertigo. The author weaves her own experiences, accounts from others who suffer from the disorder, and anatomy, physiology, and treatment information into a coherent discourse on the human experience of 'the world spinning out of control.' Personally, the book has helped me understand my mother's bouts of benign positional vertigo. Reading it with me, Mom felt less isolated in her struggle with the unpredictable enveloping dizziness and I felt a new connection with her. We both felt less helpless. There is nothing like this book in the medical or popular press; I enthusiastically recommend it to family, friends, physicians and therapists of people with vertigo. It is an empathic, comprehensive, and well-written window into a very perplexing disorder."

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medicine for vertigo walgreens: Handbook of Benign Paroxysmal Positional Vertigo

Eleni Zoe Gkoritsa, 2017 Benign Paroxysmal Positional Vertigo (BPPV) is a clinical syndrome (or disorder) marked by the recurrent attacks of vertigo or dizziness, provoked by lying down or turning over in the supine position (i.e. when the head changes position in relation to the vector of gravity). It is the most frequent vestibular syndrome, with a lifetime prevalence of 10% by the age of 80. The clinician who deals with vertiginous patients ought to be familiar with this disorder. The general practitioner should be able to suspect BPPV from the history of the patient in order to refer the patient correctly and save unnecessary time as well as costs for the patient. This book is a relatively brief, but accurate approach to the diagnosis and treatment of BPPV. It is accompanied by high quality color figures of the most principal diagnostic and therapeutic maneuvers, so that they can be understood by clinicians and physiotherapists of both advanced and basic levels of knowledge for the topic. Figures of the maneuvers are accompanied by 3D and 2D (where appropriate) illustrations of the labyrinth with semicircular canals and otoconia placement in the lumen of the affected canal; through this way, pathophysiology becomes evident to the reader. A brief, but comprehensive report of treatment maneuvers is introduced by the most recent and reliable researchers is provided. Chapter Six is focused on the most principal evidence based data. Special care has been given to the chapter on differential diagnosis of BPPV, because clinical entities that can manifest with symptoms mimicking BPPV can also be associated with true BPPV. Clinical occurrences are also discussed, based on abundant literature references. This is a truly unique effort to offer the reader a detailed approach to these delicate clinical matters, which are not routinely reported with such clarity, accuracy and detail. Another practical issue of premium importance is failure of treatment and further measures. Up-to-date information is also provided in this last chapter. This book has been an effort to offer specialized knowledge -- both at a basic and advanced level -- in a clear, structured and pleasant-to-read presentation.

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medicine for vertigo walgreens: Vertigo and Dizziness across the Lifespan, An Issue of Otolaryngologic Clinics Bradley W. Kesser, A. Tucker Gleason, 2011-04-28 Dizziness comes in many forms in each age group – some specific to an age group (e.g. benign paroxysmal vertigo of childhood) while others span the age spectrum (e.g., migraine-associated vertigo). This content organizes evaluation and management of the dizzy patient by age to bring a fresh perspective to seeing these often difficult patients. The pediatric section begins with a review of vestibular embryology and physiology and moves toward a comprehensive discussion of methods – both bedside and in the vestibular lab – to evaluate the child with dizziness, or clumsiness, concluding with an exploration of the differential diagnosis of dizziness and relevant findings. Dizziness in the adolescent points to migraine headache as a common cause, enumerates treatment strategies for migraine-associated vertigo, and offers guidelines for when to image the adolescent with dizziness. Adult dizziness is more a compilation of the relevant diagnoses, but the section starts with dizziness that can affect young adults – especially members of our Armed Forces fighting overseas – traumatic brain injury/blast injury. This content also has relevance for patients in motor vehicle accidents and head injury patients. Medicolegal aspects of evaluation and management of dizzy patients are succinctly covered in Evaluation of Dizziness in the Litigating Patient. The final chapter in this section, Other Causes of Dizziness, provides a very thorough overview of unusual causes of dizziness in the adult population. Dizziness associated with advancing age is quite common and often multifactorial, as is highlighted in the chapter Dizziness in the Elderly. A comprehensive review of the posterior cerebral circulation, transient ischemic attacks, and posterior circulation stroke is presented in the chapter, Vertebrobasilar Insufficiency. No coverage of dizziness in the elderly is complete without an exposition of polypharmacy and medication effects. Other common diagnoses of dizziness in the elderly are thoughtfully reviewed along with a survey of new and old techniques to rehabilitate the older patient with dizziness or disequilibrium. Patients presenting with dizziness can harbor serious, if not life-threatening, conditions such as stroke, brain abscess, or severe chronic ear disease. At the end of several articles, the reader will find a relevant table – What Not To Miss – a list of clinically significant signs and symptoms not to ignore, or conditions (differential diagnosis) that may masquerade as that discussed in the chapter but critically important that the practitioner should not overlook in the evaluation of the patient. Many articles in this edition start with a clinical scenario so the reader can recognize common presenting symptoms, demographic features, and factors in the medical history that will aid in making the diagnosis.

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