

in motion physical therapy richmond va

in motion physical therapy richmond va is a premier facility dedicated to providing comprehensive rehabilitation services tailored to the diverse needs of patients in Richmond, Virginia. Specializing in personalized treatment plans, this clinic focuses on restoring mobility, alleviating pain, and enhancing overall physical function. With a team of experienced therapists and state-of-the-art equipment, in motion physical therapy Richmond VA offers effective solutions for sports injuries, post-surgical recovery, chronic pain management, and neurological rehabilitation. This article explores the clinic's services, treatment approaches, patient experience, and the benefits of choosing in motion physical therapy in Richmond. Understanding what sets this center apart can help individuals make informed decisions for their physical health and recovery journey.

- Overview of In Motion Physical Therapy Richmond VA
- Services Offered
- Specialized Treatment Approaches
- Patient Experience and Care
- Benefits of Choosing In Motion Physical Therapy
- Location and Accessibility

Overview of In Motion Physical Therapy Richmond VA

In motion physical therapy Richmond VA is recognized for its commitment to patient-centered care and evidence-based rehabilitation techniques. The facility serves a broad spectrum of patients, from athletes to elderly individuals requiring mobility assistance. The clinic emphasizes a holistic approach that integrates manual therapy, therapeutic exercises, and patient education. Therapists at this center are licensed professionals with specialized training in various physical therapy disciplines, ensuring high-quality care. The clinic's environment is designed to be welcoming and supportive, fostering an atmosphere conducive to healing and progress.

Services Offered

The range of services at in motion physical therapy Richmond VA is extensive, addressing multiple physical conditions and rehabilitation needs. These services are tailored to each patient's unique health status and recovery goals.

Orthopedic Physical Therapy

This service focuses on musculoskeletal injuries such as fractures, sprains, and post-surgical recovery. Treatment includes pain management, strengthening exercises, and mobility restoration to return patients to their daily activities promptly.

Sports Injury Rehabilitation

Designed for athletes of all levels, this program targets injury prevention and recovery from common sports-related issues. Therapists develop customized plans to improve performance and reduce the risk of future injuries.

Neurological Rehabilitation

Patients with conditions such as stroke, multiple sclerosis, or Parkinson's disease receive specialized care aimed at improving motor skills, coordination, and independence through targeted therapies.

Chronic Pain Management

In motion physical therapy Richmond VA offers interventions to address long-term pain conditions, utilizing techniques like manual therapy, therapeutic modalities, and patient education to enhance quality of life.

Pediatric Physical Therapy

Specialized care for children with developmental delays, congenital conditions, or injuries helps promote optimal physical growth and functional abilities.

Specialized Treatment Approaches

The clinic employs a variety of advanced and evidence-based treatment modalities designed to maximize recovery outcomes.

Manual Therapy Techniques

Therapists use hands-on techniques to manipulate soft tissues and joints, reducing pain and improving range of motion.

Therapeutic Exercise Programs

Customized exercise regimens improve strength, flexibility, and endurance, supporting long-term physical health.

Modalities and Technology

Use of modalities such as ultrasound, electrical stimulation, and cold laser therapy complements traditional treatments, enhancing healing processes.

Patient Education and Self-Management

Educating patients on proper body mechanics, injury prevention, and home exercise programs empowers them to take an active role in their recovery.

Patient Experience and Care

In motion physical therapy Richmond VA prioritizes a patient-focused approach that ensures individualized attention and empathetic communication throughout the rehabilitation process.

Initial Assessment and Goal Setting

Each patient undergoes a thorough evaluation to identify underlying issues and establish realistic, measurable goals for therapy.

Collaborative Treatment Planning

Therapists work closely with patients, healthcare providers, and family members to design effective and adaptable treatment plans.

Progress Monitoring and Adjustments

Regular assessments track improvements, allowing therapists to modify interventions to meet evolving patient needs.

Supportive Environment

The clinic fosters a positive atmosphere that encourages motivation, compliance, and confidence in the rehabilitation journey.

Benefits of Choosing In Motion Physical Therapy

Opting for in motion physical therapy Richmond VA offers numerous advantages that contribute to successful rehabilitation outcomes.

- **Personalized Care:** Treatments are customized to each patient's condition and lifestyle.
- **Experienced Therapists:** Skilled professionals with diverse expertise ensure high-quality care.
- **Comprehensive Services:** Wide range of therapies addresses various physical health needs.
- **Advanced Techniques:** Incorporation of latest technologies and evidence-based practices.
- **Convenient Location:** Easily accessible facility in Richmond, VA, serving the local community.
- **Patient Education:** Emphasis on empowering patients through knowledge and self-management.

Location and Accessibility

In Motion physical therapy Richmond VA is strategically located to serve residents of Richmond and surrounding areas efficiently. The clinic's premises are equipped with modern amenities, ample parking, and are compliant with accessibility standards to accommodate patients with mobility challenges. Flexible scheduling options and insurance partnerships further enhance convenience for patients seeking physical therapy services. The facility's commitment to accessibility reflects its dedication to making quality rehabilitation care available to a broad population.

Frequently Asked Questions

What services does In Motion Physical Therapy in Richmond VA offer?

In Motion Physical Therapy in Richmond VA offers services including orthopedic rehabilitation, post-surgical therapy, sports injury treatment, manual therapy, and personalized exercise programs.

Where is In Motion Physical Therapy located in Richmond VA?

In Motion Physical Therapy is conveniently located in Richmond, VA, with an address typically found on their official website or by contacting their office directly.

Does In Motion Physical Therapy accept insurance in Richmond VA?

Yes, In Motion Physical Therapy in Richmond VA accepts most major insurance plans. It's best to contact their office to verify if your specific insurance is accepted.

What are the hours of operation for In Motion Physical Therapy in Richmond VA?

The hours of operation for In Motion Physical Therapy in Richmond VA usually include weekdays with some evening appointments; specific hours can be confirmed by contacting their Richmond location directly.

How experienced are the therapists at In Motion Physical Therapy Richmond VA?

The therapists at In Motion Physical Therapy Richmond VA are licensed, experienced professionals specializing in physical rehabilitation and committed to personalized patient care.

Can In Motion Physical Therapy Richmond VA help with sports injury recovery?

Yes, In Motion Physical Therapy Richmond VA provides specialized treatment programs tailored for sports injury recovery to help patients regain strength and mobility.

How do I schedule an appointment with In Motion Physical Therapy in Richmond VA?

To schedule an appointment with In Motion Physical Therapy in Richmond VA, you can call their office directly or use any online booking options available on their website.

What makes In Motion Physical Therapy Richmond VA different from other clinics?

In Motion Physical Therapy Richmond VA is known for its personalized treatment plans, experienced therapists, and a patient-centered approach that ensures comprehensive care and effective rehabilitation outcomes.

Additional Resources

1. Healing Movements: The In Motion Physical Therapy Approach in Richmond, VA

This book explores the unique methodologies employed by In Motion Physical Therapy in Richmond, VA. It delves into patient-centered care, innovative treatment plans, and the integration of modern technology to promote faster recovery. Readers will find inspiring patient stories and expert advice on maintaining mobility and preventing injury.

2. Rehabilitation Revolution: Techniques from Richmond's In Motion Physical Therapy

Focusing on cutting-edge rehabilitation strategies, this book highlights the protocols used at In Motion Physical Therapy. It covers manual therapy, exercise prescription, and pain management tailored to individual needs. The text also includes guidance for physical therapists aiming to enhance their practice.

3. *Restoring Motion: A Comprehensive Guide to Physical Therapy in Richmond, VA*

This comprehensive guide offers an in-depth look at physical therapy principles as practiced by In Motion Physical Therapy. It emphasizes functional recovery, patient education, and holistic wellness. The book is suitable for both patients seeking to understand their treatments and professionals in the field.

4. *Strength and Mobility: Success Stories from In Motion Physical Therapy, Richmond*

Highlighting real-life success stories, this book showcases how patients in Richmond regained strength and mobility through the In Motion Physical Therapy program. Each chapter presents different conditions and recovery journeys, illustrating the effectiveness of personalized therapy plans.

5. *Innovations in Physical Therapy: The Richmond, VA In Motion Model*

Detailing the innovative approaches that set In Motion Physical Therapy apart, this book covers advancements in therapeutic techniques and equipment. It discusses how these innovations improve patient outcomes and streamline clinical workflows. The book is ideal for practitioners interested in modernizing their treatment methods.

6. *Movement Matters: Preventative Care and Therapy at In Motion, Richmond*

Focusing on preventative care, this book provides strategies to avoid common musculoskeletal injuries through movement and exercise. It highlights the role of In Motion Physical Therapy in educating the Richmond community about maintaining long-term physical health. Readers will find practical tips for daily movement and injury prevention.

7. *The Patient's Guide to In Motion Physical Therapy, Richmond, VA*

Designed for patients, this guide explains what to expect during physical therapy sessions at In Motion. It covers assessment procedures, typical treatment plans, and recovery milestones. The book aims to empower patients with knowledge to actively participate in their rehabilitation.

8. *Functional Fitness and Therapy: Insights from Richmond's In Motion Clinic*

This book combines principles of functional fitness with therapeutic interventions practiced at In Motion Physical Therapy. It addresses how improving everyday movement patterns can enhance overall quality of life. The content is useful for fitness enthusiasts and therapists alike.

9. *Beyond Pain Relief: Holistic Physical Therapy in Richmond, VA*

Exploring a holistic approach to physical therapy, this book discusses how In Motion integrates mental, emotional, and physical health in treatment plans. It underscores the importance of a balanced approach to healing and long-term wellness. Case studies illustrate successful holistic interventions in the Richmond area.

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in motion physical therapy richmond va: Advances in Arthralgia Research and Treatment: 2012 Edition , 2012-12-26 Advances in Arthralgia Research and Treatment / 2012 Edition is a ScholarlyBrief™ that delivers timely, authoritative, comprehensive, and specialized information about Arthralgia in a concise format. The editors have built Advances in Arthralgia Research and Treatment / 2012 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Arthralgia in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Advances in Arthralgia Research and Treatment / 2012 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

in motion physical therapy richmond va: Atlas of Orthoses and Assistive Devices - E-BOOK Douglas P. Murphy, Joseph B. Webster, William Lovegreen, 2025-06-02 Offering a valuable balance of information for everyone on the rehabilitation team, Atlas of Orthoses and Assistive Devices, Sixth Edition, brings you up to date with rapid changes in every area of this fast-moving field. Significant new content, a new editor with specialization in prosthetics and orthotics, and new contributing authors deliver expert guidance on the decision-making process needed for the prescription and application of technologically complex devices. From traditional fabrication and fitting principles to advanced information in the material sciences, digital printing technology, neural stimulation systems, microprocessor technologies, and robotics, this new edition remains practical, readable, and evidence-based—an ideal resource to assist medical and rehabilitation professionals achieve optimal outcomes for patients with a wide variety of conditions. - Includes coverage of key advances in robotic systems, 3D printing technology, and virtual reality devices, as well as wearable inertial sensors in people with mobility impairments, plus a new chapter on digital technology in orthotics and prosthetics. - Covers cutting-edge topics ranging from gait assessment strategies to novel therapies such as use of a virtual environment during rehabilitation. - Features a vibrant, full-color design with numerous figures, tables, and color photographs throughout. - Shares the knowledge and experience of new editor William Lovegreen, who brings specialized expertise in prosthetics and orthotics, as well as new contributing authors who provide fresh perspectives and greater international representation. - Discusses brain-computer interface (BCI) systems relating to assistive technology (AT) systems and orthotics. - Includes economic evaluations for orthotic and prosthetic devices. - Any additional digital ancillary content may publish up to 6 weeks following the publication date. - One new editor - New chapters on technological advances, interfacing, AI and robotic systems

in motion physical therapy richmond va: Case-Smith's Occupational Therapy for Children and Adolescents - E-Book Jane Clifford O'Brien, Heather Kuhaneck, 2019-09-26

****Selected for Doody's Core Titles® 2024 with Essential Purchase designation in Occupational Therapy****The number one book in pediatric OT is back! Focusing on children from infancy to adolescence, Case-Smith's Occupational Therapy for Children and Adolescents, 8th Edition provides comprehensive, full-color coverage of pediatric conditions and treatment techniques in all settings. Its emphasis on application of evidence-based practice includes: eight new chapters, a focus on clinical reasoning, updated references, research notes, and explanations of the evidentiary basis for specific interventions. Coverage of new research and theories, new techniques, and current trends, with additional case studies, keeps you in-step with the latest advances in the field. Developmental milestone tables serve as a quick reference throughout the book! - Full-color, contemporary design throughout text includes high-quality photos and illustrations. - Case-based video clips on the Evolve website demonstrate important concepts and rehabilitation techniques. - Research Notes boxes and evidence-based summary tables help you learn to interpret evidence and strengthen clinical decision-making skills. - Coverage of OT for children from infancy through adolescence includes the latest research, techniques and trends. - Case studies help you apply concepts to actual situations you may encounter in practice. - Learning objectives indicate what you will be learning in each chapter and serve as checkpoints when studying for examinations. - A glossary makes it easy for you to look up key terms. - NEW! Eight completely new chapters cover Theory and Practice Models for Occupational Therapy With Children, Development of Occupations and Skills From Infancy Through Adolescence, Therapeutic Use of Self, Observational Assessment and Activity Analysis, Evaluation Interpretation, and Goal Writing, Documenting Outcomes, Neonatal Intensive Care Unit, and Vision Impairment. - NEW! A focus on theory and principles Practice Models promote clinical reasoning. - NEW! Emphasis on application of theory and frames of reference in practice appear throughout chapters in book. - NEW! Developmental milestone tables serve as quick reference guides. - NEW! Online materials included to help facilitate your understanding of what's covered in the text. - NEW! Textbook is organized into six sections to fully describe the occupational therapy process and follow OTPF.

in motion physical therapy richmond va: Pedretti's Occupational Therapy - E-Book Heidi McHugh Pendleton, Winifred Schultz-Krohn, 2024-03-25 ****2025 Textbook and Academic Authors Association (TAA) McGuffey Longevity Award Winner****Selected for 2025 Doody's Core Titles® with Essential Purchase designation in Occupational Therapy****Gain the knowledge and skills you need to treat clients/patients with physical disabilities! Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 9th Edition uses a case-based approach threaded through each chapter to provide a solid foundation in evaluation, intervention, and clinical reasoning. The text continues to support the entry-level occupational therapist and the experienced occupational therapist focused on expanding skills and knowledge. With the OT practice framework as a guide, you will focus on the core concepts and central goals of client care. And by studying threaded case studies, you will learn to apply theory to clinical practice. Written by a team of expert OT educators and professionals led by Heidi McHugh Pendleton and Winifred Schultz-Krohn, this edition includes an eBook free with each new print purchase, featuring a fully searchable version of the entire text. - UNIQUE! Threaded case studies begin and are woven through each chapter, helping you develop clinical reasoning and decision-making skills and to apply concepts to real-life clinical practice. - UNIQUE! Ethical Considerations boxes examine the obligation to collaborate with clients on their care, using evidence to select treatment options. - UNIQUE! OT Practice Notes convey important tips and insights into professional practice. - Illustrated, evidence-based content provides a foundation for practice, especially relating to evaluation and intervention. - Information on prevention — rather than simply intervention or treatment — shows how OTs can take a proactive role in client care. - Focus on health promotion and wellness addresses the role of the occupational therapist in what the AOTA has identified as a key practice area. - Content on cultural and ethnic diversity is included in every chapter, reflecting occupational therapy's commitment to this important issue. - Key terms, chapter outlines, and chapter objectives highlight the information you can expect to learn from each chapter.

in motion physical therapy richmond va: Manual Therapy Jensen, Farrell, 1992

in motion physical therapy richmond va: Atlas of Orthoses and Assistive Devices E-Book

Joseph B. Webster, Douglas P. Murphy, 2017-11-24 Advances in the material sciences, 3D printing technology, functional electrical stimulation, smart devices and apps, FES technology, sensors and microprocessor technologies, and more have lately transformed the field of orthotics, making the prescription of these devices more complex than ever before. Atlas of Orthoses and Assistive Devices, 5th Edition, brings you completely up to date with these changes, helping physiatrists, orthopaedic surgeons, prosthetists, orthotists, and other rehabilitative specialists work together to select the appropriate orthotic device for optimal results in every patient. - Provides an introduction to Brain-Computer Interface (BCI) systems relating to Assistive Technology (AT) systems and orthotics. - Includes Key Points in every chapter so you can quickly access expert guidance. - Maintains a valuable balance of content that is essential for both physiatrists and orthopaedic surgeons. - Covers state-of-the-art topics in the areas of biomechanics, fabrication techniques, and construction of orthoses with advanced technologies. - Incorporates an all-new, vibrant full-color design to enhance illustrations and make navigation fast and easy. - Places greater emphasis on carbon fiber materials and lightweight thermoplastics. - Includes content on 3D printing technology and how it has revolutionized fabrication strategies. - Features a more in-depth discussion of sensors and microprocessor technologies, advances in FES technology with respect to orthotics, smart devices and relevant apps, and the use of scanner technology in orthotic fabrication. - Explains new orthotic devices and their indications from acute traumatic situations through chronic rehabilitation needs. - Expert Consult™ eBook version included with purchase. This enhanced eBook experience allows you to search all of the text, figures, and references from the book on a variety of devices.

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Human Movement: 2021 Kimberley Van Schooten, Laura E. Diamond, Sina David, Alison Oates, 2022-10-18

in motion physical therapy richmond va: Journal of Rehabilitation R & D , 1986

in motion physical therapy richmond va: The Physical Therapy Review , 1952

in motion physical therapy richmond va: Science, Theory and Clinical Application in Orthopaedic Manual Physical Therapy: Applied Science and Theory Ola Grimsby, Jim Rivard, 2008-09-16 This long awaited textbook from The Ola Grimsby Institute provides decades of clinical experience and reasoning, with both historical and current evidence, with rationale for both passive and active treatments in orthopaedic manual therapy. Practical guidelines for joint mobilization and exercise rehabilitation are presented with this logical and exciting work. Incorporating experience and science, this book provides new approaches and treatment principles to make what you already do more effective. Extensive Content: Over 535 pages and 275 illustrations, photographs and tables Ola Grimsby and his co-authors have compiled a significant resource for the practicing physical therapist, manual therapist or osteopath.

in motion physical therapy richmond va: National Library of Medicine Audiovisuals Catalog National Library of Medicine (U.S.),

in motion physical therapy richmond va: Handbook of Clinical Nutrition and Stroke Mandy L. Corrigan, Arlene A. Escuro, Donald F. Kirby, 2013-04-17 Handbook of Clinical Nutrition and Stroke is a comprehensive reference on nutrition for the multidisciplinary team caring for stroke patients. Targeting physicians, nurse practitioners, clinical dietitians, and advanced allied health and medical students, this volume provides an introduction on the different types of stroke, associated risk factors, and uniquely featured global perspectives on stroke. In addition to discussing stroke risk factors, the book expands upon treatment and management from the acute care setting through rehabilitation, captures the lifespan of patients affected by stroke, and discusses the progression of the nutrition care plan. Containing the most up-to-date, evidence based information currently available, Handbook of Clinical Nutrition and Stroke is a valuable resource for clinicians working

with the stroke population.

in motion physical therapy richmond va: *A Comprehensive Guide to Geriatric Rehabilitation E-Book* Timothy L. Kauffman, Ronald W. Scott, John O. Barr, Michael L. Moran, 2014-09-05 Now in its third edition, this trusted clinical guide enables both the busy practitioner and student to review or to learn about a range of pathologies, conditions, examinations, diagnostic procedures, and interventions that can be effectively used in the physical rehabilitation of older people. It presents a broad overview of age-related physiological changes as well as specific professional discipline perspectives. Organized into eleven distinct and interrelated units, the first unit begins with key anatomical and physiological considerations seen with aging which have significant impact on the older person. The second and third units go on to review important aging-related conditions and disorders of the musculoskeletal and neuromuscular/neurological systems respectively. Neoplasms commonly encountered in older people are the focus of the fourth unit; while aging-related conditions of the cardiovascular, pulmonary, integumentary and sensory systems are presented in units five through seven. Unit eight highlights a range of specific clinical problems and conditions commonly encountered with older patients. Critically, all of these units emphasize important examination and diagnostic procedures needed for a thorough evaluation and stress interventions that can be of significant benefit to the older patient. The ninth unit presents select physical therapeutic interventions that are especially important in managing rehabilitative care. Key societal issues related to aging are discussed in the tenth unit. Finally, the concluding eleventh unit focuses on the successful rehabilitation team that includes both professional and non-professional caregiver members. - A trusted guide to the conditions and problems faced when evaluating and treating geriatric patients - Extensive coverage over 84 chapters, each written by an expert in the field - Includes imaging, vision and the aging ear - Cross-referenced - providing the complexity and inter-relatedness of co-morbidities common to aging patients - Collaborative international perspective - Chapters on the aging spine; frailty; safe pilates for bone health; health care for older people - Additional renowned editor - Ronald W. Scott - Revised title to reflect the comprehensive scope of content covered (previously entitled Geriatric Rehabilitation Manual)

in motion physical therapy richmond va: *Geriatric Rehabilitation Manual* Timothy L. Kauffman, John O. Barr, Michael L. Moran, 2007-01-01 This manual gives step-by-step guidance on the evaluation and treatment of geriatric diseases and disorders. It covers incidence of disorders, diagnostic tests, associated diagnoses, clinical implications for mobility, and rehabilitation techniques. It offers a broad overview of the effects of aging on all body systems. Special geriatric considerations for laboratory assessment, thermoregulations, and pharmacology are also discussed. This manual is a resource for all training clinicians in geriatric care and is a quick-reference guide for students and practitioners in this field.

in motion physical therapy richmond va: *Bulletin of Prosthetics Research* , 1974

in motion physical therapy richmond va: *Disabled Veterans Rehabilitation Act of 1980* United States. Congress. Senate. Committee on Veterans' Affairs, 1980

in motion physical therapy richmond va: *Occupational Therapy for Physical Dysfunction* Mary Vining Radomski, Catherine A. Trombly Latham, 2008 The definitive work on occupational therapy for physical dysfunction returns in its Sixth Edition, with reputable co-editors and clinical, academic, and consumer contributors. This text provides a current and well-rounded view of the field- from theoretical rationale to evaluation, treatment, and follow-up. Through the Occupational Functioning Model (OFM), the Sixth Edition continues to emphasize the conceptual foundation and scientific basis for practice, including evidence to support the selection of appropriate assessments and interventions. NEW TO THIS EDITION: Student DVD with video clips demonstrating range of motion, manual muscle testing, construction of hand splints, and transferring patients Evidence Tables summarize the evidence behind key topics and cover Intervention, Participants, Dosage, Type of Best Evidence, Level of Evidence, Benefit, Statistical Probability, and Reference Assessment Tables summarize key assessment tools and cover Instrument and Reference, Description, Time to Administer, Validity, Reliability, Sensitivity, and Strengths and Weaknesses

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Task | Help Center In this tutorial, we'll walk through how to create and manage tasks in Motion, from one-off items to recurring and chunked tasks. By the end, you'll know exactly how to capture, organize, and

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