

# fremont family practice seattle

**fremont family practice seattle** is a trusted healthcare provider offering comprehensive medical services to individuals and families in the Seattle area. This practice specializes in personalized care, addressing a wide range of health needs from preventive medicine to chronic disease management. With a team of experienced family medicine physicians, Fremont Family Practice Seattle is dedicated to fostering long-term patient relationships and promoting overall wellness within the community. Patients benefit from a welcoming environment and access to modern medical resources designed to support health at every stage of life. This article explores the key aspects of Fremont Family Practice Seattle, including the services offered, patient care philosophy, and the benefits of choosing a local family practice for healthcare needs. The information provided aims to assist prospective patients in making informed decisions about their primary care provider. Below is an overview of the main topics covered in this article.

- Overview of Fremont Family Practice Seattle
- Services Offered
- Patient Care Approach
- Benefits of Choosing a Family Practice
- Location and Accessibility
- Insurance and Appointment Information

## Overview of Fremont Family Practice Seattle

Fremont Family Practice Seattle is a well-established medical facility specializing in family medicine. It serves the diverse population of Seattle with a focus on comprehensive healthcare tailored to each patient's individual needs. The practice is staffed by board-certified family physicians who provide a broad spectrum of medical services, including acute care, chronic disease management, and preventive health screenings. The commitment to patient-centered care ensures that each visit is thorough and informative, promoting healthier outcomes for patients of all ages.

## History and Reputation

Established to meet the primary care needs of the Fremont neighborhood and surrounding Seattle communities, Fremont Family Practice Seattle has built a reputation for excellence in medical care. The practice has earned patient trust through consistent quality services and a compassionate approach, making it a preferred choice among local residents seeking reliable family healthcare.

## **Team and Expertise**

The team at Fremont Family Practice Seattle consists of experienced family medicine physicians, nurse practitioners, and medical support staff. Their combined expertise covers a wide range of healthcare areas, ensuring patients receive well-rounded medical attention. Continuous professional development and adherence to the latest medical guidelines help maintain high standards of care.

## **Services Offered**

Fremont Family Practice Seattle offers a comprehensive array of medical services designed to meet the diverse healthcare needs of families and individuals. These services emphasize prevention, early detection, and effective management of health conditions.

### **Primary Care Services**

Primary care at Fremont Family Practice Seattle includes routine check-ups, diagnosis and treatment of common illnesses, management of chronic conditions, and immunizations. The practice supports patients through all life stages, from pediatric to geriatric care.

### **Preventive Health and Screenings**

Preventive medicine is a cornerstone of the practice. Regular health screenings for blood pressure, cholesterol, diabetes, cancer, and other conditions are offered to help detect health issues early. Vaccination services also play a critical role in disease prevention for all age groups.

### **Chronic Disease Management**

Patients with chronic illnesses such as diabetes, hypertension, asthma, or heart disease receive personalized care plans aimed at controlling symptoms and improving quality of life. The practice emphasizes patient education and monitoring to reduce complications.

### **Women's Health Services**

Fremont Family Practice Seattle provides comprehensive women's health care, including annual gynecological exams, contraceptive counseling, and prenatal care. These services are integrated into the family practice model to ensure continuity and convenience.

## **Patient Care Approach**

The patient care philosophy at Fremont Family Practice Seattle revolves around personalized attention and building lasting relationships. This approach ensures that each individual receives care tailored to their unique

health profile and lifestyle.

## **Patient-Centered Care**

Fremont Family Practice Seattle prioritizes open communication and collaboration between patients and healthcare providers. This patient-centered approach involves shared decision-making, where treatment plans are developed with consideration of patient preferences and goals.

## **Coordinated Care**

The practice coordinates care across specialists, hospitals, and other healthcare providers to ensure seamless management of complex health issues. This integrated care model helps prevent gaps in treatment and supports comprehensive health maintenance.

## **Use of Technology**

Modern technology supports the patient care process at Fremont Family Practice Seattle. Electronic health records (EHR) enable efficient tracking of patient history and treatment plans, while telemedicine options provide convenient access to care when needed.

## **Benefits of Choosing a Family Practice**

Selecting a family practice like Fremont Family Practice Seattle offers numerous advantages for patients seeking a primary care provider who understands their comprehensive health needs.

## **Continuity of Care**

Family practices provide continuity of care, meaning patients see the same providers over time, fostering trust and a better understanding of medical history. This continuity leads to more accurate diagnoses and effective treatment plans.

## **Comprehensive Healthcare**

Unlike specialized clinics, family practices address a broad spectrum of health issues, from minor illnesses to complex chronic diseases. This all-in-one care model reduces the need for multiple providers and streamlines healthcare management.

## **Personalized Attention**

Patients at Fremont Family Practice Seattle benefit from personalized attention that considers their individual health circumstances, lifestyle, and family history. This personalized approach improves patient satisfaction

and health outcomes.

- Long-term patient-provider relationships
- Coordinated preventive and acute care
- Accessible health education and support
- Focus on whole-person health and wellness

## **Location and Accessibility**

Fremont Family Practice Seattle is conveniently located in the Fremont neighborhood of Seattle, providing easy access for residents of the area and neighboring communities. The location is accessible by public transportation and offers ample parking options for patients.

## **Office Hours and Availability**

The practice maintains flexible office hours to accommodate busy schedules, including weekday appointments and limited weekend availability. Patients can schedule visits for routine care, urgent needs, or follow-up consultations based on their convenience.

## **Accessibility Features**

The facility is designed to be accessible to patients with disabilities, featuring wheelchair ramps, accessible restrooms, and support services to ensure a comfortable visit for all individuals.

## **Insurance and Appointment Information**

Fremont Family Practice Seattle accepts a variety of insurance plans to facilitate access to care for a broad patient population. Transparent billing practices and knowledgeable staff assist patients in understanding their coverage and financial responsibilities.

## **Accepted Insurance Plans**

The practice works with major insurance providers, including Medicare and Medicaid, to accommodate diverse patient needs. Verification of insurance coverage is available through the office prior to appointments to minimize surprises.

## **Scheduling Appointments**

Appointments can be made by phone or through an online patient portal, allowing for efficient and convenient scheduling. The practice encourages regular check-ups and preventive visits to maintain optimal health.

## **Patient Preparation and Policies**

Patients are advised to bring identification, insurance information, and a list of current medications to appointments. The practice maintains policies regarding cancellations, no-shows, and privacy to ensure smooth operation and respect for patient time.

## **Frequently Asked Questions**

### **What services does Fremont Family Practice in Seattle offer?**

Fremont Family Practice in Seattle offers comprehensive primary care services including preventive care, chronic disease management, immunizations, physical exams, and pediatric care.

### **How can I schedule an appointment at Fremont Family Practice Seattle?**

You can schedule an appointment at Fremont Family Practice Seattle by calling their office directly, visiting their website to book online, or using a patient portal if available.

### **Does Fremont Family Practice accept insurance?**

Yes, Fremont Family Practice accepts a variety of insurance plans. It is recommended to contact their office directly to confirm if your specific insurance is accepted.

### **What are the operating hours of Fremont Family Practice in Seattle?**

Fremont Family Practice typically operates Monday through Friday during regular business hours. For exact times, it is best to check their website or call their office.

### **Are telehealth services available at Fremont Family Practice Seattle?**

Yes, Fremont Family Practice offers telehealth services to provide convenient virtual consultations for patients who prefer remote care.

## Who are the primary care providers at Fremont Family Practice Seattle?

Fremont Family Practice is staffed by experienced family medicine physicians, nurse practitioners, and physician assistants dedicated to providing personalized care to patients of all ages.

## Where is Fremont Family Practice located in Seattle?

Fremont Family Practice is located in the Fremont neighborhood of Seattle, Washington. The exact address can be found on their official website or by contacting their office.

## Additional Resources

### 1. *Comprehensive Guide to Fremont Family Practice, Seattle*

This book offers an in-depth overview of the Fremont Family Practice located in Seattle, covering its history, services, and patient care philosophy. It serves as a valuable resource for both new patients and healthcare professionals interested in the clinic's approach. The guide also includes testimonials and case studies to illustrate the practice's commitment to community health.

### 2. *Primary Care Excellence: The Fremont Family Practice Model*

Explore the innovative primary care strategies employed by Fremont Family Practice in Seattle. This book highlights their patient-centered approach, preventive care techniques, and integrated healthcare services. Healthcare providers will find practical insights into improving patient outcomes and clinic efficiency.

### 3. *Seattle's Fremont Family Practice: A Community Health Story*

Delve into the community impact of Fremont Family Practice in Seattle through this narrative-driven book. It chronicles the practice's evolution alongside the Fremont neighborhood, showcasing its role in addressing local health disparities. Readers gain a better understanding of how family medicine can foster stronger, healthier communities.

### 4. *Managing Chronic Conditions at Fremont Family Practice, Seattle*

Focused on chronic disease management, this book outlines protocols and patient education programs used at Fremont Family Practice. It covers common conditions such as diabetes, hypertension, and asthma, emphasizing personalized care plans. Medical professionals will appreciate the practical guidelines and patient engagement strategies presented.

### 5. *Integrative Medicine at Fremont Family Practice*

This title explores how Fremont Family Practice in Seattle incorporates integrative medicine into traditional family practice. Topics include nutrition, mental health, and complementary therapies that enhance overall patient wellness. The book provides case examples demonstrating successful integrative approaches in a family practice setting.

### 6. *Patient Experience and Satisfaction at Fremont Family Practice*

Analyzing patient feedback and satisfaction metrics, this book examines the factors contributing to the positive reputation of Fremont Family Practice. It discusses communication techniques, appointment accessibility, and personalized care that improve patient experiences. Healthcare administrators can use this as a blueprint for enhancing patient relations.

#### 7. *Teaching and Training at Fremont Family Practice, Seattle*

Detailing the educational programs hosted by Fremont Family Practice, this book highlights their role in training future family physicians and healthcare staff. It covers residency experiences, continuing education, and mentorship opportunities. The book is ideal for medical educators and students interested in clinical training environments.

#### 8. *Technology and Innovation in Fremont Family Practice*

Discover how Fremont Family Practice leverages technology to streamline care delivery and improve patient monitoring. The book discusses electronic health records, telemedicine, and decision-support tools implemented at the Seattle clinic. It offers valuable insights for practices aiming to modernize their healthcare services.

#### 9. *Health and Wellness Initiatives at Fremont Family Practice*

This book focuses on the various wellness programs and preventive health campaigns initiated by Fremont Family Practice. Topics include nutrition counseling, fitness promotion, and mental health awareness tailored to the Seattle community. It serves as a guide for family practices looking to expand their preventive care offerings.

## **Fremont Family Practice Seattle**

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#### **fremont family practice seattle:** *Toward an Integrative Medicine* Hans A. Baer, 2004-12-01

This book chronicles the transformation of the holistic health movement over the past three decades, as it increasingly influences the delivery of health care in America. In it, he describes the battle for legitimacy by alternative therapeutic practitioners, and the biomedical profession's increasing interest in the possibilities of a complementary and integrative medical system. Baer examines a variety of professionalized and lay heterodox therapeutic systems, including chiropractors, naturopaths and acupuncturists, homeopaths, bodyworkers, and lay midwives. He shows, ironically, how the holistic movement may become more limited as it gains acceptance and becomes integrated into mainstream, professional medicine. This book is a valuable resource for instructors, students, professionals and others interested in public health issues, health policy, medical studies, health economics, medical anthropology and sociology.

#### **fremont family practice seattle:** Pregnancy and Birth Keisha L. Goode, Barbara Katz

Rothman, 2021-06-18 *Pregnancy and Birth: A Reference Handbook* provides students with information too often ignored in sex education—on what pregnancy and birth are, have been, and can be as transformative personal and social events. *Pregnancy and Birth: A Reference Handbook* is a person-centered reference book on pregnancy and childbirth in the United States. The medicalization of pregnancy and childbirth is a theme; however, primary emphasis is on the historical and contemporary significance of the Midwifery Model of Care and how that can improve outcomes for all. The volume opens with a background and history of the topic, followed by a chapter on related problems, controversies, and solutions. A Perspectives chapter contains essays from a variety of individuals who are invested in the topic of pregnancy and birth. The remaining chapters provide students with additional information, such as profiles, data and documents,

resources, a chronology, and a glossary. This book is accessible to high school and college-level researchers, as well as general-interest readers curious about the topic.

**fremont family practice seattle:** Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954 , 2004

**fremont family practice seattle:** **History of Seattle, Washington** Frederic James Grant, 1891

**fremont family practice seattle:** Common Dilemmas in Family Medicine John Fry, 2012-12-06  
One of the exCltmg challenges of medicine has been the reaching of decisions based on less than complete evidence. As undergraduates in teaching hospitals future physicians are taught to think in clear and absolute black and white terms. Diagnoses in teaching hospitals all are based on supportive positive findings of in vestigations. Treatment follows logically on precise diagnosis. When patients die the causes of death are confirmed at autopsy. How very different is real life in clinical practice, and particularly in family medicine. By the very nature of the common conditions that present diagnoses tend to be imprecise and based on clinical assessment and interpretation. Much of the management and treatment of patients is based on opinions of individual physicians based on their personal expenences. Because of the relative professional isolation offamily physicians within their own practices, not unexpectedly divergent views and opinions are formed. There is nothing wrong in such divergencies because there are no clear absolute black and white decisions. General family practice functions in grey areas of medicine where it is possible and quite correct to hold polarized distinct opinions. The essence of good care must be eternal flexibility and readiness to change long-held cherished opinions. To demonstrate that with many issues in family medicine it is possible to have more than one view I selected 10 clinical and II non -clinical topics and invited colleagues and fellow-practitioners to enter into a debate-in-print.

**fremont family practice seattle:** **Empowerment in Social Work Practice** Lorraine Margot Gutiérrez, Ruth J. Parsons, Enid Opal Cox, 1998 As a philosophy and method of practice, empowerment provides a way to rethink one's approach to social work practice. This book provides specific examples of how empowerment practice is conducted in the field and gives social workers tools for incorporating empowerment in their own practice. In addition to Gutierrez, Parsons, and Cox, 13 authors contribute writings that demonstrate how empowerment practice can be used in different settings and with different populations. Empowerment in Social Work Practice presents a comprehensive model for empowerment practice with applications to key populations across all three levels of social work practice (micro, mezzo, and macro) and even to research, policy, evaluation, and administration.

**fremont family practice seattle:** Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986 , 1987

**fremont family practice seattle:** **Diplomate Directory** , 1992

**fremont family practice seattle:** D & B Consultants Directory , 2007

**fremont family practice seattle:** Publication , 1991

**fremont family practice seattle:** **Who's who in the West** , 2000

**fremont family practice seattle:** The Medical Gleaner , 1893

**fremont family practice seattle:** California Physician , 1984

**fremont family practice seattle:** Griffith's 5-Minute Clinical Consult, 2001 Mark R. Dambro, 2000-12 This quick reference for current medical diagnosis and treatment covers more than 1,000 medical/surgical conditions in a fast-access format that includes basics, diagnosis, treatment, medications, and more. This edition is thoroughly updated to reflect contemporary practice norms, and includes expanded indexes and listings of Web sites.

**fremont family practice seattle:** **Yearbook and Directory of Osteopathic Physicians** American Osteopathic Association, 1985 Contains data on the AOA organization, a list of osteopathic physicians in the U.S., Canada, and some foreign countries, a list of AOA certified physicians, AOA divisional (state) societies, practice and nonpractice affiliates, colleges of osteopathic medicine, osteopathic hospitals, and data on training and education programs.

**fremont family practice seattle:** *Foundation News* , 1975

**fremont family practice seattle:** *National Home Care & Hospice Directory* , 1998

**fremont family practice seattle:** *Directory American College of Healthcare Executives*, 2000

**fremont family practice seattle:** *Journal of the American Medical Association* , 1993-12

**fremont family practice seattle:** *Medical Examining Board Wisconsin. Medical Examining Board*, 1983

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