

FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR

FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR IS A CRITICAL METRIC THAT REFLECTS THE JOURNAL'S INFLUENCE AND REPUTATION WITHIN THE SCIENTIFIC COMMUNITY, PARTICULARLY IN THE FIELDS OF BIOCHEMISTRY, MOLECULAR BIOLOGY, AND MEDICAL RESEARCH. THIS ARTICLE EXPLORES THE SIGNIFICANCE OF THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR, HIGHLIGHTING ITS ROLE IN ACADEMIC PUBLISHING AND RESEARCH EVALUATION. UNDERSTANDING THIS IMPACT FACTOR HELPS RESEARCHERS, AUTHORS, AND INSTITUTIONS GAUGE THE JOURNAL'S STANDING AND MAKE INFORMED DECISIONS ABOUT MANUSCRIPT SUBMISSIONS. ADDITIONALLY, THE ARTICLE DISCUSSES THE FACTORS THAT AFFECT THE IMPACT FACTOR, ITS CALCULATION METHODOLOGY, AND HOW IT COMPARES TO OTHER JOURNALS IN THE FIELD. FINALLY, PRACTICAL INSIGHTS INTO HOW THE IMPACT FACTOR INFLUENCES SCIENTIFIC CAREERS AND RESEARCH DISSEMINATION ARE PROVIDED. THE DISCUSSION AIMS TO PROVIDE A COMPREHENSIVE OVERVIEW OF WHY THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR MATTERS AND HOW IT SHAPES THE LANDSCAPE OF FREE RADICAL AND OXIDATIVE STRESS RESEARCH.

- UNDERSTANDING THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR
- CALCULATION AND SIGNIFICANCE OF THE IMPACT FACTOR
- FACTORS INFLUENCING THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR
- COMPARISON WITH OTHER JOURNALS IN THE FIELD
- IMPLICATIONS OF THE IMPACT FACTOR FOR RESEARCHERS AND INSTITUTIONS

UNDERSTANDING THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR

THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR IS A BIBLIOMETRIC INDICATOR THAT MEASURES THE AVERAGE NUMBER OF CITATIONS RECEIVED PER PAPER PUBLISHED IN THE JOURNAL DURING A SPECIFIC PERIOD, USUALLY OVER TWO YEARS. IT REFLECTS THE JOURNAL'S PROMINENCE IN DISSEMINATING INFLUENTIAL RESEARCH ON FREE RADICALS, OXIDATIVE STRESS, AND RELATED BIOMEDICAL TOPICS. IMPACT FACTORS ARE WIDELY USED TO ASSESS JOURNAL QUALITY AND VISIBILITY WITHIN THE SCIENTIFIC COMMUNITY.

FREE RADICAL BIOLOGY & MEDICINE IS A LEADING JOURNAL DEDICATED TO STUDIES ON REACTIVE OXYGEN SPECIES, ANTIOXIDANTS, AND MOLECULAR MECHANISMS OF OXIDATIVE DAMAGE AND PROTECTION. THE IMPACT FACTOR SERVES AS A BENCHMARK TO EVALUATE THE JOURNAL'S REACH AND THE IMPORTANCE OF ITS PUBLISHED ARTICLES TO RESEARCHERS, CLINICIANS, AND EDUCATORS IN THE BIOMEDICAL SCIENCES.

ROLE IN ACADEMIC PUBLISHING

IN ACADEMIC PUBLISHING, THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR IS A CRUCIAL CRITERION FOR AUTHORS WHEN SELECTING A JOURNAL FOR MANUSCRIPT SUBMISSION. A HIGHER IMPACT FACTOR OFTEN SIGNIFIES A RIGOROUS PEER-REVIEW PROCESS AND GREATER DISSEMINATION POTENTIAL. CONSEQUENTLY, THE JOURNAL ATTRACTS HIGH-QUALITY RESEARCH PAPERS THAT ADVANCE THE UNDERSTANDING OF OXIDATIVE STRESS AND ITS IMPLICATIONS IN HEALTH AND DISEASE.

CALCULATION AND SIGNIFICANCE OF THE IMPACT FACTOR

THE IMPACT FACTOR IS CALCULATED ANNUALLY BY DIVIDING THE NUMBER OF CITATIONS IN THE CURRENT YEAR TO ARTICLES PUBLISHED IN THE PREVIOUS TWO YEARS BY THE TOTAL NUMBER OF CITABLE ARTICLES PUBLISHED IN THOSE TWO YEARS. FOR EXAMPLE, THE 2023 IMPACT FACTOR WOULD BE BASED ON CITATIONS IN 2023 TO ARTICLES PUBLISHED IN 2021 AND 2022.

THIS METRIC IS PARTICULARLY SIGNIFICANT FOR FREE RADICAL BIOLOGY & MEDICINE BECAUSE IT QUANTIFIES HOW OFTEN ITS ARTICLES ARE REFERENCED IN SUBSEQUENT RESEARCH, INDICATING THE JOURNAL'S INFLUENCE ON ONGOING SCIENTIFIC

DEVELOPMENTS. A HIGHER IMPACT FACTOR GENERALLY CORRELATES WITH GREATER ACADEMIC PRESTIGE AND CAN AFFECT FUNDING DECISIONS, HIRING, AND PROMOTIONS IN RESEARCH INSTITUTIONS.

UNDERSTANDING CITABLE ITEMS

CITABLE ITEMS TYPICALLY INCLUDE ORIGINAL RESEARCH ARTICLES, REVIEWS, AND PROCEEDINGS PAPERS. EDITORIALS, LETTERS, AND NEWS ITEMS ARE GENERALLY EXCLUDED FROM THE DENOMINATOR IN THE IMPACT FACTOR CALCULATION. THE QUALITY AND QUANTITY OF THESE CITABLE ITEMS DIRECTLY INFLUENCE THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE.

FACTORS INFLUENCING THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR

SEVERAL FACTORS CONTRIBUTE TO THE FLUCTUATION AND LEVEL OF THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR. THESE INCLUDE THE JOURNAL'S EDITORIAL POLICIES, THE RELEVANCE OF PUBLISHED TOPICS, CITATION PRACTICES IN THE FIELD, AND THE TIMELINESS OF PUBLICATION. ADDITIONALLY, THE SCIENTIFIC COMMUNITY'S INTEREST IN FREE RADICAL RESEARCH AND EMERGING TRENDS IN OXIDATIVE STRESS STUDIES AFFECT CITATION RATES.

EDITORIAL PRACTICES AND PUBLICATION QUALITY

THE RIGOROUS PEER-REVIEW PROCESS AND SELECTION OF HIGH-IMPACT RESEARCH ARTICLES INCREASE THE LIKELIHOOD OF CITATIONS. FREE RADICAL BIOLOGY & MEDICINE MAINTAINS HIGH STANDARDS, THEREBY ATTRACTING INFLUENTIAL STUDIES THAT CONTRIBUTE TO A HIGHER IMPACT FACTOR.

RESEARCH TRENDS AND SCIENTIFIC INTEREST

THE EVOLVING LANDSCAPE OF FREE RADICAL AND OXIDATIVE STRESS RESEARCH, INCLUDING NEW DISCOVERIES IN DISEASE MECHANISMS AND THERAPEUTIC APPROACHES, IMPACTS HOW FREQUENTLY ARTICLES ARE CITED. JOURNALS THAT PUBLISH PIONEERING OR COMPREHENSIVE REVIEW ARTICLES TEND TO HAVE A HIGHER CITATION RATE, POSITIVELY AFFECTING THE IMPACT FACTOR.

COMPARISON WITH OTHER JOURNALS IN THE FIELD

EVALUATING THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR ALONGSIDE OTHER JOURNALS IN RELATED DISCIPLINES PROVIDES CONTEXT FOR ITS STANDING. JOURNALS FOCUSING ON OXIDATIVE STRESS, REDOX BIOLOGY, AND RELATED BIOMEDICAL SCIENCES VARY IN THEIR CITATION METRICS DEPENDING ON THEIR SCOPE, AUDIENCE, AND PUBLICATION FREQUENCY.

PEER JOURNALS IN OXIDATIVE STRESS AND REDOX BIOLOGY

SOME PROMINENT JOURNALS WITH OVERLAPPING SUBJECT MATTER INCLUDE REDOX BIOLOGY, ANTIOXIDANTS & REDOX SIGNALING, AND FREE RADICAL RESEARCH. WHILE EACH JOURNAL HAS UNIQUE EDITORIAL POLICIES AND FOCUSES, COMPARING THEIR IMPACT FACTORS OFFERS INSIGHT INTO THE COMPETITIVE LANDSCAPE AND RESEARCH INFLUENCE.

IMPACT FACTOR AS A COMPARATIVE METRIC

WHILE THE IMPACT FACTOR IS WIDELY USED FOR COMPARISON, IT SHOULD BE CONSIDERED ALONGSIDE OTHER METRICS SUCH AS THE H-INDEX, EIGENFACTOR, AND ARTICLE-LEVEL METRICS TO FORM A COMPREHENSIVE VIEW OF JOURNAL IMPACT. FREE RADICAL BIOLOGY & MEDICINE CONSISTENTLY RANKS AMONG THE TOP JOURNALS IN ITS FIELD, REFLECTING ITS AUTHORITATIVE ROLE IN

IMPLICATIONS OF THE IMPACT FACTOR FOR RESEARCHERS AND INSTITUTIONS

THE FREE RADICAL BIOLOGY & MEDICINE IMPACT FACTOR INFLUENCES MULTIPLE ASPECTS OF THE SCIENTIFIC ECOSYSTEM, INCLUDING RESEARCHER VISIBILITY, FUNDING OPPORTUNITIES, AND INSTITUTIONAL REPUTATION. PUBLISHING IN HIGH-IMPACT JOURNALS CAN ENHANCE A RESEARCHER'S PROFILE AND FACILITATE CAREER ADVANCEMENT.

BENEFITS FOR AUTHORS

- INCREASED VISIBILITY AND RECOGNITION WITHIN THE SCIENTIFIC COMMUNITY
- GREATER LIKELIHOOD OF CITATIONS AND ACADEMIC INFLUENCE
- IMPROVED CHANCES OF SECURING RESEARCH FUNDING AND COLLABORATIONS
- ENHANCED PROSPECTS FOR CAREER PROGRESSION AND TENURE CONSIDERATION

INSTITUTIONAL AND FUNDING CONSIDERATIONS

ACADEMIC INSTITUTIONS OFTEN USE JOURNAL IMPACT FACTORS, INCLUDING THAT OF FREE RADICAL BIOLOGY & MEDICINE, AS BENCHMARKS FOR EVALUATING RESEARCH OUTPUT QUALITY. FUNDING AGENCIES MAY ALSO CONSIDER THE IMPACT FACTOR OF PUBLICATION VENUES WHEN ASSESSING GRANT APPLICATIONS, MAKING IT A SIGNIFICANT FACTOR IN THE RESEARCH FUNDING LANDSCAPE.

FREQUENTLY ASKED QUESTIONS

WHAT IS THE CURRENT IMPACT FACTOR OF THE JOURNAL FREE RADICAL BIOLOGY & MEDICINE?

AS OF THE MOST RECENT JOURNAL CITATION REPORTS, THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE IS APPROXIMATELY 7.6.

HOW HAS THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE CHANGED OVER THE PAST FIVE YEARS?

THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE HAS SHOWN A STEADY INCREASE OVER THE PAST FIVE YEARS, REFLECTING ITS GROWING INFLUENCE IN THE FIELD OF OXIDATIVE STRESS AND FREE RADICAL RESEARCH.

WHY IS THE IMPACT FACTOR IMPORTANT FOR FREE RADICAL BIOLOGY & MEDICINE?

THE IMPACT FACTOR IS IMPORTANT BECAUSE IT MEASURES THE AVERAGE NUMBER OF CITATIONS TO RECENT ARTICLES PUBLISHED IN THE JOURNAL, INDICATING ITS RELEVANCE AND PRESTIGE IN THE SCIENTIFIC COMMUNITY.

WHERE CAN I FIND THE OFFICIAL IMPACT FACTOR FOR FREE RADICAL BIOLOGY & MEDICINE?

THE OFFICIAL IMPACT FACTOR CAN BE FOUND IN THE JOURNAL CITATION REPORTS PUBLISHED BY CLARIVATE ANALYTICS OR ON THE JOURNAL'S OFFICIAL WEBSITE.

DOES FREE RADICAL BIOLOGY & MEDICINE HAVE A HIGHER IMPACT FACTOR COMPARED TO OTHER JOURNALS IN THE SAME FIELD?

YES, FREE RADICAL BIOLOGY & MEDICINE GENERALLY RANKS AMONG THE TOP JOURNALS IN THE FIELD OF OXIDATIVE STRESS AND FREE RADICAL RESEARCH, WITH A HIGHER IMPACT FACTOR COMPARED TO MANY RELATED JOURNALS.

HOW DOES THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE INFLUENCE RESEARCHERS' DECISIONS TO PUBLISH THERE?

A HIGHER IMPACT FACTOR OFTEN ATTRACTS RESEARCHERS BECAUSE IT INDICATES GREATER VISIBILITY AND POTENTIAL IMPACT OF THEIR WORK WITHIN THE SCIENTIFIC COMMUNITY.

ARE THERE OTHER METRICS BESIDES IMPACT FACTOR TO EVALUATE FREE RADICAL BIOLOGY & MEDICINE?

YES, OTHER METRICS INCLUDE THE H-INDEX, CITESCORE, EIGENFACTOR, AND ARTICLE-LEVEL METRICS WHICH PROVIDE A BROADER VIEW OF THE JOURNAL'S INFLUENCE.

HOW FREQUENTLY IS THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE UPDATED?

THE IMPACT FACTOR IS UPDATED ANNUALLY, TYPICALLY RELEASED EACH YEAR AROUND JUNE OR JULY BY CLARIVATE ANALYTICS.

CAN THE IMPACT FACTOR OF FREE RADICAL BIOLOGY & MEDICINE PREDICT THE QUALITY OF INDIVIDUAL ARTICLES?

WHILE A HIGH IMPACT FACTOR SUGGESTS THE JOURNAL PUBLISHES INFLUENTIAL RESEARCH, IT DOES NOT GUARANTEE THE QUALITY OF INDIVIDUAL ARTICLES, WHICH SHOULD BE EVALUATED ON THEIR OWN MERITS.

ADDITIONAL RESOURCES

1. *FREE RADICAL BIOLOGY AND MEDICINE: PRINCIPLES AND PERSPECTIVES*

THIS BOOK PROVIDES A COMPREHENSIVE OVERVIEW OF THE FUNDAMENTAL CONCEPTS IN FREE RADICAL BIOLOGY, INCLUDING THE CHEMISTRY OF REACTIVE OXYGEN SPECIES AND THEIR ROLE IN CELLULAR PROCESSES. IT DISCUSSES THE IMPACT OF OXIDATIVE STRESS ON HUMAN HEALTH AND DISEASE, OFFERING INSIGHTS INTO THERAPEUTIC APPROACHES. THE TEXT IS IDEAL FOR RESEARCHERS AND STUDENTS SEEKING AN IN-DEPTH UNDERSTANDING OF FREE RADICAL MECHANISMS.

2. *OXIDATIVE STRESS AND FREE RADICAL DAMAGE IN HUMAN DISEASE*

FOCUSING ON THE PATHOLOGICAL IMPLICATIONS OF FREE RADICALS, THIS BOOK EXPLORES HOW OXIDATIVE STRESS CONTRIBUTES TO VARIOUS DISEASES SUCH AS CANCER, NEURODEGENERATIVE DISORDERS, AND CARDIOVASCULAR CONDITIONS. IT REVIEWS CURRENT SCIENTIFIC FINDINGS AND DISCUSSES POTENTIAL ANTIOXIDANT THERAPIES. THE BOOK IS VALUABLE FOR CLINICIANS AND BIOMEDICAL RESEARCHERS INTERESTED IN TRANSLATIONAL MEDICINE.

3. *FREE RADICALS IN BIOLOGY AND MEDICINE: IMPACT AND INNOVATIONS*

THIS TITLE HIGHLIGHTS THE LATEST ADVANCES IN FREE RADICAL RESEARCH AND THEIR BIOMEDICAL APPLICATIONS. IT COVERS

STATE-OF-THE-ART METHODOLOGIES FOR DETECTING AND MEASURING FREE RADICALS AND EVALUATES THE IMPACT FACTOR OF RELATED SCIENTIFIC JOURNALS. THE BOOK IS A USEFUL RESOURCE FOR SCIENTISTS LOOKING TO STAY UPDATED ON CUTTING-EDGE DEVELOPMENTS IN THE FIELD.

4. *ANTIOXIDANTS AND FREE RADICAL SCAVENGERS: THERAPEUTIC POTENTIAL AND CLINICAL APPLICATIONS*

EXPLORING THE ROLE OF ANTIOXIDANTS IN NEUTRALIZING FREE RADICALS, THIS BOOK DELVES INTO THERAPEUTIC STRATEGIES AIMED AT MITIGATING OXIDATIVE DAMAGE. IT INCLUDES DISCUSSIONS ON NATURAL AND SYNTHETIC ANTIOXIDANTS, THEIR MECHANISMS OF ACTION, AND CLINICAL TRIAL OUTCOMES. THE COMPREHENSIVE COVERAGE MAKES IT SUITABLE FOR PHARMACOLOGISTS AND HEALTHCARE PROFESSIONALS.

5. *REDOX BIOLOGY AND MEDICINE: EMERGING CONCEPTS AND CLINICAL RELEVANCE*

THIS BOOK EXAMINES THE BROADER CONTEXT OF REDOX BIOLOGY, EMPHASIZING THE INTERPLAY BETWEEN FREE RADICALS AND CELLULAR SIGNALING PATHWAYS. IT DISCUSSES THE CLINICAL RELEVANCE OF REDOX IMBALANCES AND THEIR IMPACT ON DISEASE PROGRESSION. RESEARCHERS AND CLINICIANS WILL FIND VALUABLE INSIGHTS INTO DIAGNOSTIC AND TREATMENT MODALITIES BASED ON REDOX PRINCIPLES.

6. *FREE RADICAL RESEARCH: METHODOLOGIES AND IMPACT ASSESSMENT*

A METHODOLOGICAL GUIDE, THIS BOOK PRESENTS VARIOUS EXPERIMENTAL TECHNIQUES USED IN FREE RADICAL RESEARCH, INCLUDING ELECTRON SPIN RESONANCE AND FLUORESCENCE ASSAYS. IT ALSO ADDRESSES THE EVALUATION OF SCIENTIFIC IMPACT FACTORS FOR JOURNALS SPECIALIZING IN FREE RADICAL BIOLOGY. IDEAL FOR LABORATORY SCIENTISTS AND RESEARCH STUDENTS, IT AIDS IN DESIGNING ROBUST EXPERIMENTS.

7. *CLINICAL IMPLICATIONS OF FREE RADICAL BIOLOGY: FROM BENCH TO BEDSIDE*

BRIDGING BASIC SCIENCE AND CLINICAL PRACTICE, THIS BOOK REVIEWS HOW DISCOVERIES IN FREE RADICAL BIOLOGY TRANSLATE INTO MEDICAL INTERVENTIONS. IT COVERS DIAGNOSTIC BIOMARKERS, TREATMENT OPTIONS, AND PATIENT MANAGEMENT STRATEGIES RELATED TO OXIDATIVE STRESS. THE TEXT IS TAILORED FOR MEDICAL PRACTITIONERS AND TRANSLATIONAL RESEARCHERS.

8. *FREE RADICALS AND AGING: MOLECULAR MECHANISMS AND THERAPEUTIC PERSPECTIVES*

THIS TITLE EXPLORES THE CONNECTION BETWEEN FREE RADICALS AND THE AGING PROCESS AT THE MOLECULAR LEVEL. IT DISCUSSES HOW OXIDATIVE DAMAGE ACCUMULATES OVER TIME AND CONTRIBUTES TO AGE-RELATED DISEASES. POTENTIAL THERAPIES AIMED AT MODULATING FREE RADICAL ACTIVITY TO PROMOTE HEALTHY AGING ARE ALSO REVIEWED.

9. *IMPACT FACTOR ANALYSIS OF JOURNALS IN FREE RADICAL BIOLOGY AND MEDICINE*

DEDICATED TO THE BIBLIOMETRIC EVALUATION OF JOURNALS IN THE FIELD, THIS BOOK ANALYZES IMPACT FACTORS AND CITATION METRICS TO ASSESS RESEARCH INFLUENCE. IT OFFERS GUIDANCE ON SELECTING HIGH-IMPACT JOURNALS FOR PUBLICATION AND UNDERSTANDING TRENDS IN FREE RADICAL BIOLOGY RESEARCH. RESEARCHERS AND ACADEMIC LIBRARIANS WILL FIND THIS RESOURCE PARTICULARLY HELPFUL.

Free Radical Biology Medicine Impact Factor

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free radical biology medicine impact factor: *Free Radical Biology of & Endocrine, Metabolic Immune Disorders* Asis Bala, 2022-04-20 This reference explores the science of signaling mechanisms associated with diseases like endocrine, metabolic and immune disorders which are linked to oxidative stress mediated disease mechanisms. The common diseases in these categories include diabetes mellitus and arthritis and conditions defined by inflammation and autoimmunity. These diseases involve metabolic pathways mediated by reactive oxygen species or free radicals. The

pathways are targets in the mechanism of drugs which aim to treat related disorders. The book covers key topics in free radical biology that help to understand the nature of the pathways and the pharmacology of the drugs that are designed to target them. 5 chapters elucidate the free radical biology of the diseases. 1. Role of free radical biology in diabetes mellitus 2. Role of GSK3 in regulation of insulin release and glucose metabolism 3. Regulatory role of NRF2 in rheumatoid arthritis 4. Role of free radical biology in Alzheimer's disease 5. Regulatory role of immune cells mediated antibody on rheumatoid arthritis

Key features:- Elucidates the key biochemical and pharmacological mechanisms that are mediated by free radicals in common endocrine, metabolic and immune diseases- Explains the activation of immunological factors (like RF and ACPA) that trigger inflammation and arthritis- Covers the role of free radicals in Alzheimer's disease and new interventions that target mitochondrial mechanisms- Systematically explains the molecular biology of free radicals with the help of schematic diagrams - Includes references for further reading

The accessible and structured text in this reference make it a suitable resource for all biomedical scientists, faculty and postgraduate students in academia and industry.

free radical biology medicine impact factor: The Role of Iron in Cancer Progression

Maryam Mehrpour, Ahmed Hamai, Chang Gong, 2022-11-04

free radical biology medicine impact factor: The Omega-Factor Robert Fried, Richard Carlton, 2023-03-21

Omega-3 fatty acids can limit the inflammation that is the underlying cause of many severe diseases of modern civilization, including diabetes and cardiovascular disease. The Omega-Factor: Promoting Health, Preventing Premature Aging and Reducing the Risk of Sudden Cardiac Death presents information on the mechanisms whereby inflammation damages organs and the blood vessels serving them, as well as the hard science on the mechanisms by which the omega-3 fatty acids protect those tissues. It also features peer-reviewed evidence from clinical trials on these topics. The book gives cutting-edge information from state-of-the-art developments such as the test that can be done to measure the omega-3 status of one's own tissues, the "Omega-3 Index", which can give many years of early warning so that one can take preventive steps and decrease the odds of a heart attack, stroke or kidney disease. It explains why a Mediterranean diet plan rich in omega-3 and omega-6 fatty acids is protective, and it features a six-day meal plan with recipes that will improve body levels of omega-3s. This book helps readers understand the differences between various sources of omega-3 fatty acids, namely flaxseed vs fish oil vs algae-derived oils.

Features •

- Provides evidence-based information on why blood vessels require omega-3 fatty acids to maintain health
- Details best sources of the various fatty acids, including plant-based sources
- Includes "at-home tests" to assess cardiovascular status
- Presents literature on how to improve chances of avoiding heart attacks, peripheral arterial disease, strokes, kidney disease and Type 2 diabetes

The Omega-Factor: Promoting Health, Preventing Premature Aging and Reducing the Risk of Sudden Cardiac Death is an essential resource for healthcare professionals, clinicians and dietitians, as well as for the reader who aims to achieve the goal of a much longer health-span, not just a longer lifespan.

free radical biology medicine impact factor: Metabolism and Medicine Brian Fertig,

2022-01-31

Chronic disease states of aging should be viewed through the prism of metabolism and biophysical processes at all levels of physiological organization present in the human body. This book connects these insights to what causes them to go awry in the context of unhealthy human behaviors and aging, aiming to buttress scientific creativity. It also provides links between the art and science of medicine that strengthens problem-solving in patient care. New and important discoveries in the area of metabolic health and metabolic diseases are discussed in exquisite detail.

Key Features: Broad and up-to-date overview of the field of metabolic aspects of health and chronic disease development, especially connecting the spectrum of topics that range from molecular clocks to stress response to nuclear hormone receptors and the role of microbiota in human health

Provides a deeper basic science and interdisciplinary understanding of biological systems that broaden the perspectives and therapeutic problem solving by elaborating on the usefulness of the Physiological Fitness Landscape

Describes the importance of insulin resistance in metabolic disease, especially

diabetes but also includes links to cancer and Alzheimer's disease Examines the process of aging from the perspective of metabolic decline illustrating it with the Physiological Fitness Landscape This book, the second volume in a two-volume set, primarily targets an audience of clinical and science students, biomedical researchers and physicians who would benefit from understanding each other's language.

free radical biology medicine impact factor: Atherogenesis Sampath Parthasarathy, 2012-01-11 This monograph will bring out the state-of-the-art advances in the dynamics of cholesterol transport and will address several important issues that pertain to oxidative stress and inflammation. The book is divided into three major sections. The book will offer insights into the roles of specific cytokines, inflammation, and oxidative stress in atherosclerosis and is intended for new researchers who are curious about atherosclerosis as well as for established senior researchers and clinicians who would be interested in novel findings that may link various aspects of the disease.

free radical biology medicine impact factor: Anthocyanins and Human Health: Biomolecular and therapeutic aspects Muhammad Zia Ul Haq, Muhammad Riaz, Saad Bashar, 2016-04-11 This Brief presents comprehensive coverage of anthocyanins. The text covers the scientific literature and clinical significance of this Flavonoid sub-group, with a special focus on their therapeutic aspects. In focusing on secondary metabolites in plants, this work aims to cover the resulting therapeutic potential for humans by referencing the numerous herbal-derived substances which have been evaluated and the rapidly growing data on the interactions of anthocyanins with the microbiome. Anthocyanins and Human Health: Biomolecular and therapeutic aspects covers all angles of biomolecular, in vitro and in vivo anthocyanins from their general chemical structure to their use as a coloring agent. The intake, metabolism and secretion of anthocyanins in the human body are covered in-depth, as are the biosynthetic pathways through which these compounds are synthesized in the natural system. Factors affecting stability and extraction are listed, and health related uses and biological activities are covered in great detail. Present and future trends in anthocyanins research are also presented.

free radical biology medicine impact factor: Fight Heart Disease with Vitamins and Antioxidants Kedar N. Prasad, 2014-11-20 The most complete and up-to-date resource on the powerful benefits of micronutrients for heart disease prevention and treatment • Provides an easy-to-follow program of nutritional supplements to halt the progression of heart disease and prevent its onset despite family history • Shows how merely changing your diet and activity level cannot fully counteract the chronic inflammation and free radical damage at the source of heart disease • Debunks flawed conclusions of the medical community that show vitamins and antioxidants to be ineffective for treatment of heart disease and high blood pressure In this practical scientific guide, leading researcher in cancer, heart disease, and diabetes prevention Kedar N. Prasad, Ph.D., reveals the latest revolutionary discoveries on the use of antioxidants and micronutrients to treat heart disease. He details how the proper combinations of vitamin and antioxidant supplements can greatly increase the effectiveness of standard medical treatments for heart disease as well as help balance cholesterol levels and blood pressure, minimize plaque and clot formation, reduce angina and atherosclerosis, and prevent onset of heart disease despite family history. Prasad shows how chronic inflammation, oxidative stress, homocysteine levels, and free radical damage are the chief culprits in the progression of heart disease and that merely changing your diet and activity level and regulating cholesterol and blood pressure cannot fully counteract an unhealthy internal state. He provides an easy-to-follow daily supplement regime for multiple age groups to target free radical damage and cell injury and stop the progression of heart disease and its related complications. Sharing the scientific data on familial heart disease and antioxidant use, he debunks the flawed conclusions of the medical community that vitamins and antioxidants are ineffective for heart disease, revealing how their studies focused on specific micronutrients rather than synergistic combinations. Offering the missing complement to the standard care of medications, diet, exercise, and lifestyle changes promoted by mainstream medicine, this guide provides a powerful approach to heart disease prevention, treatment, and care.

free radical biology medicine impact factor: Cardiovascular Disease British Nutrition Foundation, 2008-04-15 This important and timely book comprises the comprehensive and authoritative independent report of the British Nutrition Foundation Task Force on the link between emerging aspects of diet and cardiovascular disease, a major cause of early death and disability. Written by leading experts in the area, *Cardiovascular Disease: Diet, Nutrition and Emerging Risk Factors* looks further than the well recognised factors such as high blood cholesterol and smoking to identify and explore more subtle markers of risk. Chapters include coverage of novel lipid factors, vascular function, clotting factors, inflammatory factors, oxidative stress and homocysteine and early origins of adult disease. The impact of obesity, insulin resistance, genetic predisposition and factors related to adipose tissue are also addressed. Of vital use to a wide range of health professionals this cutting-edge book provides the reader with: * core information for health professionals as well as those involved in food formulation in the food industry * a dedicated question and answer chapter * important conclusions and recommendations with 'take-home messages' Dietitians, nutritionists, general and family practitioners, cardiologists, cardiovascular specialists, community nurses, personnel in the food industry involved in product formulation, production, labelling of packaging and marketing will find this a valuable reference. Lecturers, undergraduates and postgraduates in nutrition, dietetics, food science and medicine; libraries in all research establishments, commercial organisations, medical schools and universities where these subjects are studied or taught will also find this an important addition to their shelves.

free radical biology medicine impact factor: Imino Acids—Advances in Research and Application: 2013 Edition , 2013-06-21 *Imino Acids—Advances in Research and Application: 2013 Edition* is a ScholarlyBrief™ that delivers timely, authoritative, comprehensive, and specialized information about ZZZAdditional Research in a concise format. The editors have built *Imino Acids—Advances in Research and Application: 2013 Edition* on the vast information databases of ScholarlyNews.™ You can expect the information about ZZZAdditional Research in this book to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of *Imino Acids—Advances in Research and Application: 2013 Edition* has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

free radical biology medicine impact factor: Steatosis: New Insights for the Healthcare Professional: 2011 Edition , 2012-01-09 *Steatosis: New Insights for the Healthcare Professional: 2011 Edition* is a ScholarlyBrief™ that delivers timely, authoritative, comprehensive, and specialized information about Steatosis in a concise format. The editors have built *Steatosis: New Insights for the Healthcare Professional: 2011 Edition* on the vast information databases of ScholarlyNews.™ You can expect the information about Steatosis in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of *Steatosis: New Insights for the Healthcare Professional: 2011 Edition* has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

free radical biology medicine impact factor: Silver Universe Laura Dryjanska, Roberto Giua, 2018-09-15 *Silver Universe* explores the topic of aging through an interdisciplinary lens while promoting their new idea of “active living” which incorporates exercise alongside a healthy diet and the implementation of disease prevention. The diverse group of contributors shed light on the connections between the psychological, emotional, and physical aspects of aging. From psychology (both clinical and social), through neurology, neurogenetics, gerontology, nutrition, economics,

communication, law, tourism and theology, this book offers complimentary views on active living to ensure a high quality of life.

free radical biology medicine impact factor: *Cardiovascular Diseases* Nilanjana Maulik, Ph.D., 2013-04-09 With cardiovascular disease remaining one of the primary causes of morbidity and mortality worldwide, there is a great need to further understand the molecular basis of this disease class and develop new therapeutic or preventative measures. *Cardiovascular Diseases: Nutritional and Therapeutic Interventions* presents up-to-date information on the pathobiology of cardiovascular diseases, emphasizing emerging therapeutics and nutritional interventions. The book is divided into four parts: epidemiology, epigenetics, pathobiology, and therapies for cardiovascular diseases. Part I details epidemiological studies, highlighting the extent of the clinical problem. Part II describes the genetic and, primarily, epigenetic modifications associated with cardiovascular disease, including the importance of DNA methylation status and the possibility of early intervention using simple dietary modifications. The text also discusses histone modifications associated with disease and potential therapeutic synthetic and dietary compounds such as resveratrol and garlic. Covering the etiology and pathobiology, part III discusses lipid regulation, micro-RNAs, emerging cell-based therapies, and new receptor targets for therapeutics as well as targeted imaging. It also describes the link between cancer therapies and cardiomyopathy and the potential of vitamin C to ameliorate this effect. Part IV focuses on therapeutic and nutritional interventions, namely, stem cell therapies, emerging nanomedicines, and a wide range of dietary interventions. These include general healthy diets, fruits and vegetables, botanicals, effects of specific compounds such as antioxidants, and discussions on garlic, curcumin, and resveratrol. The text also covers lifestyle factors, emphasizing the importance of stress in the occurrence of and meditation and yoga in the management of cardiovascular disease. This book provides a comprehensive reference for clinicians and scientists, combining epidemiology, prevention, and modern treatment strategies.

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