

FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD

FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD IS A DISTINGUISHED DOCTORAL PROGRAM DESIGNED TO PREPARE STUDENTS FOR ADVANCED PROFESSIONAL PRACTICE, RESEARCH, AND LEADERSHIP IN THE FIELD OF COUNSELING PSYCHOLOGY. THIS PHD PROGRAM EMPHASIZES A SCIENTIST-PRACTITIONER MODEL, INTEGRATING EMPIRICAL KNOWLEDGE WITH CLINICAL EXPERTISE TO DEVELOP COMPETENT PSYCHOLOGISTS CAPABLE OF ADDRESSING DIVERSE MENTAL HEALTH NEEDS. FORDHAM UNIVERSITY'S COMMITMENT TO SOCIAL JUSTICE AND CULTURAL HUMILITY FURTHER ENRICHES THE TRAINING EXPERIENCE, FOSTERING PROFESSIONALS EQUIPPED TO SERVE VARIED POPULATIONS EFFECTIVELY. PROSPECTIVE STUDENTS SEEKING IN-DEPTH TRAINING IN PSYCHOLOGICAL ASSESSMENT, INTERVENTION, AND RESEARCH WILL FIND THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD PROGRAM COMPREHENSIVE AND RIGOROUS. THIS ARTICLE EXPLORES THE PROGRAM'S CURRICULUM, ADMISSION REQUIREMENTS, FACULTY EXPERTISE, RESEARCH OPPORTUNITIES, AND CAREER OUTCOMES, PROVIDING A DETAILED OVERVIEW FOR POTENTIAL APPLICANTS AND STAKEHOLDERS. BELOW IS AN OUTLINE OF THE MAIN TOPICS COVERED IN THIS DISCUSSION.

- OVERVIEW OF THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD PROGRAM
- ADMISSION REQUIREMENTS AND APPLICATION PROCESS
- CURRICULUM AND TRAINING COMPONENTS
- RESEARCH OPPORTUNITIES AND FACULTY EXPERTISE
- CLINICAL TRAINING AND PRACTICUM EXPERIENCES
- CAREER OUTCOMES AND PROFESSIONAL DEVELOPMENT

OVERVIEW OF THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD PROGRAM

THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PHD PROGRAM IS DESIGNED TO CULTIVATE HIGHLY SKILLED PRACTITIONERS AND RESEARCHERS IN THE FIELD OF COUNSELING PSYCHOLOGY. IT ADOPTS A SCIENTIST-PRACTITIONER TRAINING MODEL, ENSURING STUDENTS GAIN BOTH THEORETICAL KNOWLEDGE AND PRACTICAL EXPERIENCE. THE PROGRAM IS ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION (APA), WHICH ATTESTS TO ITS ADHERENCE TO RIGOROUS EDUCATIONAL STANDARDS. STUDENTS ARE TRAINED TO WORK WITH DIVERSE POPULATIONS ACROSS A VARIETY OF CLINICAL SETTINGS, EMPHASIZING MULTICULTURAL COMPETENCE AND ETHICAL PRACTICE. THE PROGRAM TYPICALLY SPANS FIVE TO SIX YEARS, INCLUDING COURSEWORK, CLINICAL TRAINING, RESEARCH, AND DISSERTATION COMPLETION.

PROGRAM PHILOSOPHY AND TRAINING MODEL

AT ITS CORE, THE PROGRAM INTEGRATES SCIENTIFIC RESEARCH WITH CLINICAL APPLICATION, PREPARING STUDENTS TO CONTRIBUTE TO BOTH ACADEMIC RESEARCH AND EVIDENCE-BASED CLINICAL PRACTICE. THE CURRICULUM EMPHASIZES DEVELOPMENTAL, MULTICULTURAL, AND CONTEXTUAL PERSPECTIVES ON MENTAL HEALTH, ALIGNING WITH FORDHAM UNIVERSITY'S JESUIT VALUES OF SOCIAL JUSTICE AND SERVICE. THIS HOLISTIC APPROACH ENSURES GRADUATES ARE EQUIPPED TO ADDRESS COMPLEX PSYCHOLOGICAL ISSUES WITHIN DIVERSE COMMUNITIES.

ACCREDITATION AND RECOGNITION

FORDHAM UNIVERSITY'S COUNSELING PSYCHOLOGY PHD PROGRAM HOLDS ACCREDITATION FROM THE APA, A CRITICAL CREDENTIAL THAT ENSURES THE PROGRAM MEETS NATIONAL STANDARDS FOR EDUCATION AND TRAINING. THIS ACCREDITATION FACILITATES LICENSURE AND EMPLOYMENT OPPORTUNITIES FOR GRADUATES NATIONWIDE AND UNDERScores THE QUALITY OF THE PROGRAM'S CURRICULUM AND CLINICAL EXPERIENCES.

ADMISSION REQUIREMENTS AND APPLICATION PROCESS

ADMISSION TO THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PhD PROGRAM IS HIGHLY COMPETITIVE, DEMANDING A STRONG ACADEMIC BACKGROUND AND RELEVANT EXPERIENCE. PROSPECTIVE STUDENTS MUST DEMONSTRATE THEIR COMMITMENT TO COUNSELING PSYCHOLOGY THROUGH ACADEMIC ACHIEVEMENTS, RESEARCH INVOLVEMENT, AND CLINICAL EXPOSURE. THE ADMISSIONS PROCESS IS DESIGNED TO SELECT CANDIDATES WHO SHOW POTENTIAL FOR SUCCESS IN BOTH SCHOLARLY AND CLINICAL DOMAINS.

ACADEMIC AND PROFESSIONAL PREREQUISITES

APPLICANTS ARE TYPICALLY REQUIRED TO HOLD A BACHELOR'S DEGREE FROM AN ACCREDITED INSTITUTION, PREFERABLY IN PSYCHOLOGY OR A RELATED FIELD. A MINIMUM GPA STANDARD IS EXPECTED, ALONGSIDE SATISFACTORY GRADUATE RECORD EXAMINATION (GRE) SCORES, ALTHOUGH POLICIES REGARDING GRE REQUIREMENTS MAY VARY. RELEVANT RESEARCH EXPERIENCE, CLINICAL WORK, OR VOLUNTEER ACTIVITIES IN MENTAL HEALTH SETTINGS STRENGTHEN APPLICATIONS.

APPLICATION MATERIALS

THE APPLICATION PROCESS INVOLVES THE SUBMISSION OF MULTIPLE COMPONENTS, INCLUDING:

- OFFICIAL TRANSCRIPTS FROM ALL POST-SECONDARY INSTITUTIONS ATTENDED
- GRE SCORES (IF REQUIRED)
- CURRICULUM VITAE OR RESUME HIGHLIGHTING RESEARCH AND CLINICAL EXPERIENCES
- PERSONAL STATEMENT OUTLINING CAREER GOALS, INTEREST IN COUNSELING PSYCHOLOGY, AND FIT WITH THE PROGRAM
- LETTERS OF RECOMMENDATION FROM ACADEMIC OR PROFESSIONAL REFERENCES
- WRITING SAMPLES OR RESEARCH PAPERS DEMONSTRATING SCHOLARLY ABILITIES

STRONG CANDIDATES TYPICALLY EXHIBIT A CLEAR ALIGNMENT WITH THE PROGRAM'S VALUES AND TRAINING PHILOSOPHY.

CURRICULUM AND TRAINING COMPONENTS

THE CURRICULUM OF THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PhD PROGRAM IS COMPREHENSIVE, INTEGRATING COURSEWORK, CLINICAL PRACTICE, RESEARCH, AND PROFESSIONAL DEVELOPMENT. THE PROGRAM STRUCTURE IS DESIGNED TO BUILD FOUNDATIONAL KNOWLEDGE, ADVANCED CLINICAL SKILLS, AND RESEARCH COMPETENCE PROGRESSIVELY OVER THE COURSE OF STUDY.

CORE COURSEWORK

STUDENTS ENGAGE IN A DIVERSE RANGE OF COURSES COVERING ESSENTIAL DOMAINS SUCH AS:

- PSYCHOLOGICAL ASSESSMENT AND DIAGNOSIS
- COGNITIVE-BEHAVIORAL AND HUMANISTIC PSYCHOTHERAPY TECHNIQUES
- DEVELOPMENTAL AND LIFESPAN PSYCHOLOGY
- MULTICULTURAL COUNSELING AND SOCIAL JUSTICE
- ETHICS AND PROFESSIONAL ISSUES IN PSYCHOLOGY
- QUANTITATIVE AND QUALITATIVE RESEARCH METHODS

- THEORETICAL FOUNDATIONS OF COUNSELING PSYCHOLOGY

THIS COURSEWORK ENSURES STUDENTS ACQUIRE THEORETICAL UNDERSTANDING AND PRACTICAL SKILLS NECESSARY FOR COMPETENT CLINICAL PRACTICE AND RESEARCH.

CLINICAL AND PRACTICUM TRAINING

CLINICAL TRAINING IS A FUNDAMENTAL COMPONENT OF THE PROGRAM, PROVIDING HANDS-ON EXPERIENCE UNDER SUPERVISION IN DIVERSE SETTINGS. STUDENTS PARTICIPATE IN PRACTICA AND INTERNSHIPS THAT ENABLE THEM TO APPLY ASSESSMENT AND INTERVENTION TECHNIQUES WITH REAL CLIENTS. TRAINING SITES MAY INCLUDE UNIVERSITY COUNSELING CENTERS, COMMUNITY AGENCIES, HOSPITALS, AND SPECIALIZED CLINICS. THESE EXPERIENCES ARE DESIGNED TO FOSTER CLINICAL COMPETENCY, ETHICAL AWARENESS, AND CULTURAL SENSITIVITY.

RESEARCH OPPORTUNITIES AND FACULTY EXPERTISE

RESEARCH PLAYS A PIVOTAL ROLE IN THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PhD PROGRAM, REFLECTING THE SCIENTIST-PRACTITIONER MODEL. STUDENTS ARE ENCOURAGED TO ENGAGE IN EMPIRICAL STUDIES THAT ADVANCE KNOWLEDGE IN COUNSELING PSYCHOLOGY AND RELATED DISCIPLINES. THE PROGRAM SUPPORTS A COLLABORATIVE RESEARCH ENVIRONMENT WITH FACULTY MENTORS WHO ARE ACTIVE SCHOLARS IN THEIR FIELDS.

AREAS OF RESEARCH FOCUS

FACULTY EXPERTISE SPANS A WIDE ARRAY OF TOPICS, INCLUDING:

- TRAUMA AND RESILIENCE
- HEALTH PSYCHOLOGY AND BEHAVIORAL MEDICINE
- MULTICULTURAL COUNSELING AND DIVERSITY ISSUES
- DEVELOPMENTAL PSYCHOPATHOLOGY
- PSYCHOLOGICAL ASSESSMENT AND MEASUREMENT
- INTERVENTION EFFICACY AND PROGRAM EVALUATION

STUDENTS ARE SUPPORTED IN DEVELOPING INDEPENDENT RESEARCH PROJECTS, CONTRIBUTING TO SCHOLARLY PUBLICATIONS, AND PRESENTING AT PROFESSIONAL CONFERENCES.

FACULTY MENTORSHIP AND COLLABORATION

MENTORSHIP IS A CORNERSTONE OF DOCTORAL TRAINING AT FORDHAM UNIVERSITY. FACULTY MEMBERS PROVIDE GUIDANCE ON RESEARCH DESIGN, METHODOLOGY, AND CAREER DEVELOPMENT. THIS CLOSE COLLABORATION ENHANCES STUDENTS' ACADEMIC GROWTH AND PREPARES THEM FOR CAREERS IN ACADEMIA, CLINICAL PRACTICE, OR APPLIED RESEARCH SETTINGS.

CLINICAL TRAINING AND PRACTICUM EXPERIENCES

CLINICAL TRAINING WITHIN THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PhD PROGRAM IS STRUCTURED TO ENSURE PROGRESSIVE SKILL DEVELOPMENT AND PROFESSIONAL READINESS. STUDENTS GAIN EXTENSIVE SUPERVISED EXPERIENCE THROUGH A SERIES OF PRACTICA AND INTERNSHIPS, WHICH ARE INTEGRAL TO MEETING LICENSURE REQUIREMENTS AND DEVELOPING CLINICAL EXPERTISE.

PRACTICUM PLACEMENTS

PRACTICUM EXPERIENCES ARE TYPICALLY ARRANGED WITHIN THE UNIVERSITY'S PSYCHOLOGICAL SERVICES OR AFFILIATED COMMUNITY AGENCIES. THESE PLACEMENTS ALLOW STUDENTS TO WORK WITH DIVERSE CLIENT POPULATIONS PRESENTING A RANGE OF PSYCHOLOGICAL CONCERNS. SUPERVISION IS PROVIDED BY LICENSED PSYCHOLOGISTS TO SUPPORT CLINICAL SKILL ACQUISITION AND ETHICAL PRACTICE.

INTERNSHIP OPPORTUNITIES

IN THE LATER STAGES OF THE PROGRAM, STUDENTS PURSUE INTERNSHIPS THAT OFFER MORE INTENSIVE CLINICAL TRAINING, OFTEN IN HOSPITAL OR COMMUNITY MENTAL HEALTH SETTINGS. THESE INTERNSHIPS PROVIDE EXPOSURE TO SPECIALIZED POPULATIONS AND COMPLEX CASES, FACILITATING THE TRANSITION TO INDEPENDENT PROFESSIONAL PRACTICE.

CAREER OUTCOMES AND PROFESSIONAL DEVELOPMENT

GRADUATES OF THE FORDHAM UNIVERSITY COUNSELING PSYCHOLOGY PhD PROGRAM ARE WELL-PREPARED FOR A VARIETY OF PROFESSIONAL ROLES IN PSYCHOLOGY. THE PROGRAM'S COMPREHENSIVE TRAINING ENSURES READINESS FOR CLINICAL LICENSURE, ACADEMIC POSITIONS, RESEARCH CAREERS, AND LEADERSHIP ROLES IN MENTAL HEALTH ORGANIZATIONS.

LICENSURE AND CERTIFICATION

THE PROGRAM'S APA ACCREDITATION SUPPORTS GRADUATES IN MEETING STATE LICENSING REQUIREMENTS TO BECOME LICENSED PSYCHOLOGISTS. THE CURRICULUM AND SUPERVISED CLINICAL HOURS ALIGN WITH STANDARDS SET BY LICENSING BOARDS, FACILITATING THE LICENSURE PROCESS UPON GRADUATION.

EMPLOYMENT AND PROFESSIONAL ROLES

ALUMNI OF THE PROGRAM PURSUE CAREERS IN SETTINGS SUCH AS:

- UNIVERSITY COUNSELING CENTERS AND PRIVATE PRACTICE
- HOSPITALS AND HEALTHCARE SYSTEMS
- COMMUNITY MENTAL HEALTH AGENCIES
- ACADEMIC AND RESEARCH INSTITUTIONS
- GOVERNMENT AND NON-PROFIT ORGANIZATIONS

MANY GRADUATES ALSO CONTRIBUTE TO THE FIELD THROUGH RESEARCH, TEACHING, AND ADVOCACY, REFLECTING THE PROGRAM'S EMPHASIS ON SOCIAL JUSTICE AND PROFESSIONAL EXCELLENCE.

FREQUENTLY ASKED QUESTIONS

WHAT IS THE FOCUS OF THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM UNIVERSITY?

THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM UNIVERSITY FOCUSES ON TRAINING STUDENTS TO BECOME SKILLED PSYCHOLOGISTS WITH AN EMPHASIS ON MULTICULTURAL COMPETENCE, SOCIAL JUSTICE, AND APPLIED RESEARCH IN COUNSELING PSYCHOLOGY.

WHAT ARE THE ADMISSION REQUIREMENTS FOR THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM UNIVERSITY?

APPLICANTS TO FORDHAM'S COUNSELING PSYCHOLOGY PhD PROGRAM GENERALLY NEED A BACHELOR'S OR MASTER'S DEGREE, GRE SCORES (IF REQUIRED), LETTERS OF RECOMMENDATION, A STATEMENT OF PURPOSE, AND RELEVANT EXPERIENCE IN COUNSELING OR PSYCHOLOGY.

DOES FORDHAM UNIVERSITY OFFER PRACTICUM OR INTERNSHIP OPPORTUNITIES IN THE COUNSELING PSYCHOLOGY PhD PROGRAM?

YES, FORDHAM'S COUNSELING PSYCHOLOGY PhD PROGRAM INCLUDES PRACTICUM AND INTERNSHIP PLACEMENTS THAT PROVIDE HANDS-ON CLINICAL EXPERIENCE IN DIVERSE SETTINGS TO PREPARE STUDENTS FOR PROFESSIONAL LICENSURE.

WHAT IS THE DURATION OF THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM UNIVERSITY?

THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM UNIVERSITY TYPICALLY TAKES ABOUT 5 TO 6 YEARS TO COMPLETE, INCLUDING COURSEWORK, PRACTICUM, INTERNSHIP, AND DISSERTATION RESEARCH.

ARE THERE OPPORTUNITIES FOR RESEARCH AND FACULTY MENTORSHIP IN FORDHAM'S COUNSELING PSYCHOLOGY PhD PROGRAM?

YES, STUDENTS IN THE COUNSELING PSYCHOLOGY PhD PROGRAM AT FORDHAM HAVE OPPORTUNITIES TO ENGAGE IN FACULTY-LED RESEARCH PROJECTS AND RECEIVE MENTORSHIP TO SUPPORT THEIR ACADEMIC AND PROFESSIONAL DEVELOPMENT.

ADDITIONAL RESOURCES

1. *FOUNDATIONS OF COUNSELING PSYCHOLOGY: THE FORDHAM PERSPECTIVE*

THIS BOOK OFFERS AN IN-DEPTH EXPLORATION OF THE CORE THEORIES AND PRACTICES EMPHASIZED IN FORDHAM UNIVERSITY'S COUNSELING PSYCHOLOGY PhD PROGRAM. IT COVERS ESSENTIAL COUNSELING TECHNIQUES, ETHICAL CONSIDERATIONS, AND CULTURAL COMPETENCIES. IDEAL FOR STUDENTS AND PROFESSIONALS SEEKING TO UNDERSTAND THE UNIQUE APPROACH FORDHAM TAKES IN TRAINING COUNSELING PSYCHOLOGISTS.

2. *ADVANCED RESEARCH METHODS IN COUNSELING PSYCHOLOGY*

FOCUSING ON THE RIGOROUS RESEARCH METHODOLOGIES TAUGHT IN FORDHAM'S PhD PROGRAM, THIS BOOK GUIDES READERS THROUGH QUANTITATIVE AND QUALITATIVE RESEARCH DESIGNS. IT HIGHLIGHTS BEST PRACTICES FOR DATA COLLECTION, ANALYSIS, AND INTERPRETATION WITHIN COUNSELING PSYCHOLOGY. THE BOOK PREPARES DOCTORAL STUDENTS TO CONDUCT IMPACTFUL RESEARCH THAT ADVANCES THE FIELD.

3. *CULTURAL COMPETENCY AND MULTICULTURAL COUNSELING: INSIGHTS FROM FORDHAM UNIVERSITY*

THIS VOLUME DELVES INTO THE IMPORTANCE OF CULTURAL AWARENESS AND SENSITIVITY WITHIN COUNSELING PSYCHOLOGY, AS EMPHASIZED AT FORDHAM. IT PROVIDES STRATEGIES FOR WORKING EFFECTIVELY WITH DIVERSE POPULATIONS AND ADDRESSING SYSTEMIC ISSUES IN MENTAL HEALTH. STUDENTS AND PRACTITIONERS WILL FIND PRACTICAL TOOLS FOR ENHANCING MULTICULTURAL COMPETENCE.

4. *ETHICS AND PROFESSIONAL ISSUES IN COUNSELING PSYCHOLOGY*

ROOTED IN THE ETHICAL FRAMEWORKS TAUGHT AT FORDHAM, THIS BOOK EXAMINES THE CHALLENGES AND RESPONSIBILITIES FACED BY COUNSELING PSYCHOLOGISTS. IT DISCUSSES CONFIDENTIALITY, INFORMED CONSENT, AND PROFESSIONAL BOUNDARIES, EMPHASIZING DECISION-MAKING PROCESSES. THE TEXT SERVES AS A VALUABLE RESOURCE FOR DOCTORAL CANDIDATES AND PRACTICING CLINICIANS ALIKE.

5. *PSYCHOPATHOLOGY AND DIAGNOSIS IN COUNSELING PSYCHOLOGY*

THIS COMPREHENSIVE GUIDE COVERS THE DIAGNOSTIC CRITERIA AND CLINICAL PRESENTATIONS OF MENTAL HEALTH DISORDERS COMMONLY ENCOUNTERED IN COUNSELING PSYCHOLOGY. INTEGRATING FORDHAM'S APPROACH, IT STRESSES THE IMPORTANCE OF

ACCURATE ASSESSMENT AND CULTURALLY INFORMED DIAGNOSIS. THE BOOK IS ESSENTIAL FOR STUDENTS PREPARING FOR CLINICAL PRACTICE AND LICENSURE.

6. *INTERVENTION STRATEGIES IN COUNSELING PSYCHOLOGY*

HIGHLIGHTING EVIDENCE-BASED THERAPEUTIC TECHNIQUES TAUGHT AT FORDHAM, THIS BOOK EXPLORES VARIOUS INTERVENTION MODELS INCLUDING COGNITIVE-BEHAVIORAL, PSYCHODYNAMIC, AND HUMANISTIC APPROACHES. IT INCLUDES CASE STUDIES THAT ILLUSTRATE EFFECTIVE APPLICATION IN DIVERSE CLINICAL SETTINGS. THE TEXT IS DESIGNED TO ENHANCE PRACTICAL SKILLS FOR DOCTORAL STUDENTS AND PROFESSIONALS.

7. *SUPERVISION AND TRAINING IN COUNSELING PSYCHOLOGY*

THIS BOOK FOCUSES ON THE SUPERVISORY ROLES AND TRAINING METHODS INTEGRAL TO FORDHAM'S PhD PROGRAM. IT DISCUSSES BEST PRACTICES FOR MENTORING COUNSELING PSYCHOLOGY TRAINEES, FOSTERING PROFESSIONAL DEVELOPMENT, AND EVALUATING CLINICAL COMPETENCIES. THE RESOURCE IS INVALUABLE FOR SUPERVISORS AND EMERGING SCHOLARS IN THE FIELD.

8. *CAREER DEVELOPMENT AND COUNSELING: THEORETICAL AND PRACTICAL APPROACHES*

COVERING KEY THEORIES AND INTERVENTIONS RELATED TO CAREER COUNSELING, THIS BOOK REFLECTS FORDHAM'S EMPHASIS ON INTEGRATING CAREER DEVELOPMENT WITHIN COUNSELING PSYCHOLOGY. IT PROVIDES STRATEGIES FOR HELPING CLIENTS NAVIGATE CAREER TRANSITIONS AND CHALLENGES. THE TEXT SUPPORTS DOCTORAL STUDENTS IN EXPANDING THEIR SCOPE OF PRACTICE.

9. *INTEGRATIVE APPROACHES TO COUNSELING PSYCHOLOGY: BRIDGING THEORY AND PRACTICE*

THIS BOOK SYNTHESIZES MULTIPLE THEORETICAL PERSPECTIVES PROMOTED IN FORDHAM'S COUNSELING PSYCHOLOGY CURRICULUM TO OFFER A HOLISTIC APPROACH TO CLIENT CARE. IT ENCOURAGES THE INTEGRATION OF DIVERSE MODALITIES TO TAILOR INTERVENTIONS TO INDIVIDUAL CLIENT NEEDS. THE BOOK IS A COMPREHENSIVE GUIDE FOR DOCTORAL STUDENTS AIMING TO ENHANCE THEIR CLINICAL VERSATILITY.

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fordham university counseling psychology phd: *Counseling Individuals with Eating Disorders: An Intersectional Approach* Merle A. Keitel, Melinda Parisi Cummings, Jennie Park-Taylor, 2025-05-30 Counseling Individuals with Eating Disorders: An Intersectional Approach was written to provide mental health professionals and students of counseling, medicine, psychology, social work, and other helping professions, with useful information and suggestions for their work with individuals with eating disorders.

fordham university counseling psychology phd: Career Development Interventions for Social Justice Margo A. Jackson, Allyson K. Regis, Kourtney Bennett, 2019-01-02 Career development interventions can serve as one means to constructively address the problems of inequitable access to educational and occupational options and achievement that promote health and well-being across the lifespan. Career Development Interventions for Social Justice: Addressing Needs across the Lifespan in Educational, Community, and Employment Contexts offers practical examples of career development interventions that may be adapted to constructively address social justice needs at various points across the lifespan (ranging from elementary school ages to older adults) in educational, community, and employment contexts. Tailored to the needs and context of a specific underserved group of individuals, each intervention integrates relevant career development theory, research, ethical considerations, elements of sound program design and evaluation, and professional competencies for best practices in multicultural career counseling and social justice

advocacy. Unique to this book are the contributions of authors, including practicing professional counselors and psychologists, who share their personal reflections of self-awareness from privileged and marginalized identities regarding potential biases and resources of relevance to their chapter's intervention. In the process of designing and providing career development services for individuals from marginalized groups, it is imperative for counselors to continually reflect on and consult about their own biases and resources for empathic understanding and effectiveness with those whom we serve.

fordham university counseling psychology phd: *An Intersectional Approach to Counseling Children and Adolescents With Health Conditions* Jennie Park-Taylor, Merle Keitel, 2024-05-01 The purpose of the present book, *An Intersectional Approach to Counseling Children and Adolescents with Health Conditions*, is to provide mental health professionals and students of counseling, medicine, psychology, social work, and other helping professions, with useful information and helpful suggestions for their work with children and adolescents who experience significant health issues. The chapter authors rely on an intersectional understanding of the human experience and specifically focus on how diverse youth experience, understand, and seek support for specific health conditions and illnesses. Considering contemporary research that has shed light on some of the ways individuals' multiple social identities interconnect and interact to compound experiences of illness, health psychology researchers would benefit from applying an intersectional lens in their explorations of the micro and macro-level variables that influence pathways towards health and illness for different groups. For mental health practitioners, an intersectional perspective on diverse children and adolescents' experiences of specific health conditions will more likely lead to innovative and inclusive interventions that target change at multiple levels. We are confident that our book will be of great use to mental health practitioners and students who plan to or are currently working with children and adolescents with significant health issues. Readers of the book can focus on a specific health condition that is common among children/adolescents and develop their knowledge, skills, and awareness of the cultural and systemic considerations in working with children/adolescents and their families. Particular attention can be paid to the ways in which the clients' and the counselors' intersectional social identities may influence counseling children and adolescents with significant health issues.

fordham university counseling psychology phd: *Handbook of Counseling Women* Mary Kopala, Merle Keitel, 2016-10-06 The *Handbook of Counseling Women*, edited by Mary Kopala and Merle Keitel, draws together a nationally recognized group of contributing scholars and practitioners to address current theories, research, and issues relevant to the mental and physical well-being of women. Comprehensive and accessible, the Second Edition is organized into three parts covering theoretical, sociocultural, biological, and developmental considerations; assessment, diagnosis, and intervention; and supervision, research, and ethics. The reorganization of this new edition includes more sections and chapters giving special attention to such topics as women and poverty, intimate partner violence, women's career barriers, and considerations for specific ethnic groups.

fordham university counseling psychology phd: *Your Unstoppable Greatness* Lisa Orbé-Austin, Richard Orbé-Austin, 2022-12-06 Have you ever felt stuck at your job? How often do you feel burnt out due to your toxic work environment? It can become easy to get trapped into an unhealthy cycle in your career and lose focus of your goals if you struggle with feeling like a fraud. But overcoming your impostor syndrome will encourage you to feel confident about your accomplishments, skills, and abilities in order to achieve a successful life. *Your Unstoppable Greatness* will give you the tools you need to recognise your potential and create the path you always wanted.

fordham university counseling psychology phd: *Forensic Psychology* Matthew T. Huss, 2008-09-22 *Forensic Psychology* provides students with an in-depth and insightful introduction to the clinical practice of forensic psychology, the assessment and treatment of individuals who interact with the legal system. Focuses on the clinical practice of forensic psychology Integrates

research, cases, and theory that provides students with a well-balanced picture of forensic psychology Incorporates two main themes, scope of practice and therapeutic jurisprudence, that focus on empirically supported clinical practice and expose students to case law and statutory law necessary in the practice of forensic psychology Utilizes real world examples and cases such as the impact of intelligence testing in the landmark Atkins vs. Virginia case that help students understand the practical role of forensic psychology Encourages an understanding of the law as a living and breathing entity, examining its ability to be therapeutic or anti-therapeutic for the people most directly affected by it Examines not only the criminal aspects of psychology and law but also civil aspects such as civil competence issues, sexual harassment claims, child custody evaluations, and personal injury cases which are often part of forensic practice Covers unique challenges that forensic psychologists often face clinically, legally, and ethically Instructor's Resources available at www.blackwellpublishing.com/huss.

fordham university counseling psychology phd: *Handbook of Multicultural School Psychology* Emilia C. Lopez, Sara G. Nahari, Giselle B. Esquivel, Sherrie L. Proctor, 2012-02-27 This comprehensive handbook offers a beautifully balanced view of the emerging field of multicultural school psychology. The opening section provides an historical overview of how the field has developed, and succeeding sections discuss multicultural issues related to consultation, instructional interventions, alternative assessment, academic assessment, vocational assessment, culturally sensitive counseling models, and working with families and special populations. Theory, research, and practice are integrated throughout. Key features of this exciting new book include: Interdisciplinary Perspective - Many chapters are written by authors from different disciplines, all of whom have multicultural expertise. The last chapter provides summarizing commentaries written by leaders in different disciplines. Scientist-Practitioner Focus - Evidence-based interventions for culturally and linguistically diverse students are provided for major competency areas such as consultation, counseling, and special programs (e.g., bilingual and multicultural education). Assessment Focus - Multicultural and bilingual assessment issues are discussed in the chapters covering language, cognitive, personality, behavioral, neuropsychological, vocational, acculturational, and academic assessment. Special Populations Focus - The needs of special populations such as culturally different parents, gifted and talented children, preschool children, migrant families, and children with low and high incidence learning disabilities are discussed in section VI. This book is appropriate for graduate courses and seminars dealing with multicultural school psychology. It is also a useful reference for researchers and practicing school psychologists and the libraries serving them.

fordham university counseling psychology phd: *Multicultural Perspectives in Working with Families, Fourth Edition* Elaine P. Congress, Manny J. González, 2020-05-18 Note to Readers: Publisher does not guarantee quality or access to any included digital components if book is purchased through a third-party seller. Features a new intersectional approach to assessment and treatment and interweaves the perspectives of psychologists Focusing on critical emerging issues in regard to multicultural families, the fourth edition of this popular book reflects fundamental issues surrounding assessment and treatment of families from diverse cultural backgrounds. The most effective treatment methods for working with culturally diverse families across the life cycle are covered in detail. Individual chapters focus on a variety of distinct ethnic groups including African American, Hispanic, Asian American, Native American, and Arab American, as well as the needs of LGBTQ multicultural families and the role of spirituality. The text underlines the importance of an intersectional approach to working with families that, in addition to culture and ethnicity, also considers socioeconomic class, gender, age, religion, immigration status, and sexual orientation as important factors. Additionally, the text expands its direct-practice view with the addition of four new chapters written by psychologists, plus a new chapter on health issues in multicultural families and access to health services. The text is updated with the latest knowledge and research, along with new and revised case vignettes demonstrating culturally competent practice. NEW TO THE FOURTH EDITION: Provides a new intersectional approach to assessment and treatment Adds the

perspectives of psychologists in four completely new chapters Includes a new chapter on DSM-5 from a multicultural perspective, plus new chapters on health and access to health services Offers the most up-to-date knowledge and research Provides new and updated case vignettes Reflects changes in the family unit over the last quarter century and how they impact treatment Addresses distinct sociopolitical issues affecting immigrants and undocumented families KEY FEATURES: Focuses on the most important emerging issues of multicultural families Covers multicultural mental health across the life span Encompasses the distinct perspectives of different ethnic and racial groups and those of LGBTQ families Discusses domestic violence and substance abuse in regard to multicultural families Delineates the most effective treatment methods Examines the culturagram as a useful assessment and treatment planning modality Addresses ethical issues including the NASW code of ethics

fordham university counseling psychology phd: Handbook of School Counseling Hardin L.K. Coleman, Christine Yeh, 2011-04-06 The mission of this forty-eight chapter Handbook is to provide a comprehensive reference source that integrates counseling theory, research and practice into one volume. It is designed to meet the needs of entry-level practitioners from their initial placement in schools through their first three to five years of practice. It will also be of interest to experienced school counselors, counselor educators, school researchers, and counseling representatives within state and local governments.

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